

Essex Cross Country League (1)

Hockley			Senior Men	27/10/2018	Teams (6 to score)	
Pos	Age	Name	Team	Time		
1	SM	Tom Frith	Southend-on-Sea AC	29: 11	1	Havering AC 58
2	SM	James Buckley-Stanton	Havering AC	30: 09	2	Southend-on-Sea AC 105
3	SM	Rob Warner	Havering AC	: 15	3	Orion Harriers 154
4	U20	Max Jones	Basildon AC	: 32	4	Thurrock Harriers 224
5	SM	Edward Mitchell	Colchester Harriers AC	: 36	5	Basildon AC 315
6	U20	Ben Davis	Havering AC	: 53	6	Colchester Harriers AC 334
7	SM	Alec Finch	Thurrock Harriers	31: 00	7	Ilford AC 439
8	U20	Sam Atkins	Havering AC	: 20	8	Springfield Striders RC 446
9	SM	Tom Gardner	Ilford AC	: 23	9	Chelmsford AC 470
10	U20	George Day	Orion Harriers	: 36	10	Grange Farm & Dunmow Runr 480
11	SM	Rhys Gillard	Southend-on-Sea AC	: 38	11	Billericay Striders RC 487
12	SM	Alex Richardson	Ilford AC	: 46	12	Benfleet Running Club 514
13	V40	Crispian Bloomfield	Billericay Striders RC	: 47	13	Halstead RR 596
14	SM	Paul Grange	Havering AC	: 52	14	JBR Run and Tri 646
15	U20	Freddy Richardson	Colchester & Tendring AC	: 58	15	Brentwood Running Club 684
16	U20	Harry Tullett	Chelmsford AC	32: 03	16	Phoenix Striders 894
17	SM	Kurtis Swan	Braintree & District AC	: 06	17	Hockley Trail Runners 1060
18	SM	Richard Park	Cambridge & Coleridge AC	: 13	18	East Essex Triathlon Club 524 (4)
19	V40	Lee Taylor	Southend-on-Sea AC	: 17	19	Mid Essex Casuals 770 (4)
20	U20	Mitchel Cox	Basildon AC	: 18	20	Pitsea Running Club 780 (4)
21	U20	Sam Norris	Southend-on-Sea AC	: 19	21	Braintree & District AC 104 (3)
22	V40	Christian Holmes	Southend-on-Sea AC	: 21	22	Cambridge & Coleridge AC 59 (2)
23	U20	Taylor Newell	Thurrock Harriers	: 28	23	Tiptree Road Runners 351 (2)
24	SM	Alex Manton	Springfield Striders RC	: 38	24	Colchester & Tendring AC 15 (1)
25	U20	James Stewart	Havering AC	: 40	25	Loughton AC 147 (1)
26	U20	Joseph Owen	Orion Harriers	: 42		
27	SM	Dan Moses	Orion Harriers	: 48		
28	U20	Isaac Brown	Basildon AC	: 53		
29	SM	Reece Barclay	Orion Harriers	: 54		
30	SM	Brian Jenkins	Orion Harriers	: 57		
31	SM	Joe Ray	Southend-on-Sea AC	33: 03		
32	V50	Colin Read	Orion Harriers	: 05		
33	SM	James Caldon	Benfleet Running Club	: 06		
34	SM	Jack Friend	Braintree & District AC	: 07		
35	U20	Jack Exley	Thurrock Harriers	: 10		
36	U20	Joshua Sowman	Grange Farm & Dunmow Runr	: 11		
37	V45	Steve Rand	Havering AC	: 24		
38	SM	Freddy Keefe	Havering AC	: 36		
39	SM	Dominic Le Mare	Southend-on-Sea AC	: 28		
40	SM	Adam Dowman	Thurrock Harriers	: 29		
41	V50	Craig Dyce	Cambridge & Coleridge AC	: 38		
42	SM	Pat Walsh	Southend-on-Sea AC	: 43		
43	SM	Chris O'Hara	Billericay Striders RC	: 45		
44	SM	John Whitehead	Havering AC	: 47		
45	SM	Robbie Cooman	Havering AC	: 48		
46	SM	Shane Boxall	Southend-on-Sea AC	: 49		
47	V40	Barry Smith	Havering AC	: 49		
48	SM	James Smith	Halstead RR	34: 02		
49	V45	Adam Baker	Orion Harriers	: 05		
50	V40	Gavin Maley	Havering AC	: 12		
51	V40	Anthony Goodall	Springfield Striders RC	: 16		
52	U20	Luke Gill	East Essex Triathlon Club	: 20		
53	U20	Conor Culham	Braintree & District AC	: 23		
54	U20	Ermeas Afewerki	Colchester Harriers AC	: 24		
55	V45	Paul Rodgers	Colchester Harriers AC	: 33		

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Pos	Age	Name	Team	Time
56	V45	Scott Rice	Thurrock Harriers	: 37
57	U20	Matthew Houchell	Basildon AC	: ##
58	V50	Paul Holloway	Ilford AC	: 46
59	SM	Richard Mead	Grange Farm & Dunmow Runr	: 46
60	SM	Callum Wallace	Southend-on-Sea AC	: 53
61	V40	Martin Chester	Havering AC	: 56
62	SM	Neil McGowan	Orion Harriers	: 59
63	V45	Toby Draper	Thurrock Harriers	35: 00
64	SM	Daniel Reynolds	Grange Farm & Dunmow Runr	: 05
65	V40	Mark Read	Brentwood Running Club	: 17
66	SM	Wesley Atkins	Halstead RR	: 18
67	SM	Michael Smith	Colchester Harriers AC	: 18
68	V45	Lee Martin	Springfield Striders RC	: 21
69	SM	Gavin Scanlon	Colchester Harriers AC	: 22
70	U20	Oliver Randall	Southend-on-Sea AC	: 22
71	V40	Stuart Raven	Springfield Striders RC	: 29
72	V45	Tim Evans	JBR Run and Tri	: 48
73	SM	Mark Meadows	Basildon AC	: 50
74	V40	Keith Willett	Thurrock Harriers	: 52
75	SM	Dave Pennington	JBR Run and Tri	: 56
76	U20	Joe Lane	Chelmsford AC	36: 01
77	V45	Peter Waite	Chelmsford AC	: 04
78	SM	Sebastian Parris	Ilford AC	: 07
79	SM	David Wilson	Orion Harriers	: 13
80	V45	Andrew Low	Benfleet Running Club	: 14
81	V50	Paul Broome	Springfield Striders RC	: 21
82	V40	Graham Hogan	Havering AC	: 24
83	V60	Michael Bridgeland	Chelmsford AC	: 26
84	V50	Paul Spowage	Colchester Harriers AC	: 27
85	V45	Mark Dillon	Orion Harriers	: 29
86	V50	John Barker	Brentwood Running Club	: 32
87	U20	Kieran O'Hara	Havering AC	: 33
88	U20	Connor Johnson	Grange Farm & Dunmow Runr	: 34
89	V45	Steve Walker	Havering AC	: 43
90	V45	Graham Booty	Benfleet Running Club	: 48
91	V50	Gary Atkins	Havering AC	: 52
92	V50	Peter West	Colchester Harriers AC	: 56
93	SM	Tom Walsh	Southend-on-Sea AC	37: 14
94	V65	Daver Butler	Billericay Striders RC	: 20
95	V50	Peter Tullett	Chelmsford AC	: 26
96	V45	Tim Wright	Orion Harriers	: 29
97	V55	Nick Rankin	Benfleet Running Club	: 30
98	SM	Anthony Tobin	Thurrock Harriers	: 42
99	SM	Joe Neighbour	JBR Run and Tri	: 48
100	U20	Joe Logan	Thurrock Harriers	: 49
101	SM	Tom Porter	Halstead RR	: 51
102	V50	Lloyd Miles	Billericay Striders RC	: 56
103	SM	Ciaran Junes	Benfleet Running Club	: 57
104	V40	Matt Stenning	Billericay Striders RC	: 58
105	0	Alex Elfernk	Guest	38: 2
106	U20	Samuel Morales	Thurrock Harriers	: 6
107	V50	Kevin Marshall	Grange Farm & Dunmow Runr	: 11
108	U20	Jack Morgan	Southend-on-Sea AC	: 15
109	V40	Chris Manby	Colchester Harriers AC	: 27
110	U20	Harry Smith	Southend-on-Sea AC	: 58

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Pos	Age	Name	Team	Time
111	V50	Alan Clark	Benfleet Running Club	39: 00
112	SM	Richard Battams	JBR Run and Tri	: 07
113	V45	James Campion	Southend-on-Sea AC	: 07
114	SM	Danny Flint	Southend-on-Sea AC	: 13
115	V50	Richard Jones	Benfleet Running Club	: 14
116	V45	Roy Perrott	Orion Harriers	: 17
117	V60	Andrew Morris	Phoenix Striders	: 18
118	V40	Roy Harwood	Benfleet Running Club	: 18
119	V60	Bob Langley	Halstead RR	: 19
120	V45	Matt Randall	Southend-on-Sea AC	: 19
121	SM	Steve Churchyard	Benfleet Running Club	: 28
122	V40	Jarlath Rooney	Brentwood Running Club	: 35
123	V40	Nick Hunter	Chelmsford AC	: 38
124	SM	Stuart Ashworth	Halstead RR	: 46
125	V45	Ian Pike	Benfleet Running Club	40: 04
126	V50	Alan Fullerton	Grange Farm & Dunmow Runr	: 11
127	V50	Ian O'Neill	Brentwood Running Club	: 13
128	V65	Andy Catton	Ilford AC	: 14
129	V55	Doug Stephens	Benfleet Running Club	: 20
130	V40	Ben Weir	JBR Run and Tri	: 21
131	V55	Stephen Foggo	Billericay Striders RC	: 21
132	V60	Ian Gill	East Essex Triathlon Club	: 22
133	SM	Joe McGrath	Basildon AC	: 32
134	V50	David Findlay	Basildon AC	: 33
135	V50	Neil Clark	Phoenix Striders	: 34
136	V60	David Brook	Orion Harriers	: 36
137	V40	Ben Fisher	Orion Harriers	: 40
138	V60	Donald English	Halstead RR	: 41
139	V55	Trevor Horncastle	Phoenix Striders	: 45
140	V55	Christopher Applegate	Thurrock Harriers	: 54
141	SM	Marc Hills	Brentwood Running Club	: 55
142	V40	Andrew Taczynski	Colchester Harriers AC	41: 01
143	SM	Ben Whateley-Harris	Brentwood Running Club	: 08
144	V40	Steven Ball	Thurrock Harriers	: 11
145	SM	Richard Farr	Southend-on-Sea AC	: 19
146	V60	Bill Bennett	Orion Harriers	: 24
147	V40	Jon Whitehouse	Loughton AC	: 27
148	V50	Simon Morgan	Colchester Harriers AC	: 33
149	V40	Graham Pritchard	Havering AC	: 40
150	SM	Barry Weldon	Billericay Striders RC	: 48
151	V60	Tim Brockington	Springfield Striders RC	: 56
152	V45	Neil Hitchcock	Grange Farm & Dunmow Runr	42: 04
153	V40	Tony Collins	Havering AC	: 11
154	V55	Alan Pearl	Ilford AC	: 12
155	V50	Colin White	Billericay Striders RC	: 28
156	V45	Roy James	Havering AC	: 38
157	V60	Stephen Burton	Benfleet Running Club	: 43
158	V50	Andy Hawes	JBR Run and Tri	: 57
159	V45	Alan Copoke	Hockley Trail Runners	: 57
160	V45	Andrew Turner	Basildon AC	43: 06
161	V50	Martin Orford	Phoenix Striders	: 07
162	V50	Greg Wisken	Mid Essex Casuals	: 14
163	V45	Mark Lawes	Tiptree Road Runners	: 32
164	V50	Matthew Aitkin	East Essex Triathlon Club	: 43
165	V40	Simon Panther	Hockley Trail Runners	: 53

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Pos	Age	Name	Team	Time
166	V50	Anthony Young	Ilford AC	44: 02
167	V55	Gary Bartlett	Orion Harriers	: 11
168	V50	Phil Warner	Phoenix Striders	: 16
169	V55	Mark Jeffrey	Springfield Striders RC	: 26
170	V50	Matt Gillard	Southend-on-Sea AC	: 29
171	V55	Dave Joy	Hockley Trail Runners	: 36
172	V55	Kevin Kirby	Chelmsford AC	: 44
173	V55	Mark Robertson	Hockley Trail Runners	: 49
174	V50	Colin Wilkinson	Phoenix Striders	: 52
175	V50	Clive Higdon	Springfield Striders RC	: 58
176	V40	Simon Field	East Essex Triathlon Club	45: 04
177	V55	Mark Moughton	Springfield Striders RC	: 22
178	V45	Al Monte	Southend-on-Sea AC	: 28
179	V40	Paul Bailey	Brentwood Running Club	: 31
180	V55	Vince Loveland	JBR Run and Tri	: 41
181	V50	Adrian Mathers	Hockley Trail Runners	: 42
182	V40	Trevor Robinson	Ilford AC	: 55
183	V40	Lawrence Harrison	Billericay Striders RC	: 58
184	V40	James Isherwood	JBR Run and Tri	46: 10
185	V60	Donald Sinclair	Pitsea Running Club	: 25
186	V55	Dave Mills	Orion Harriers	: 39
187	V45	Steve Wise	Benfleet Running Club	: 39
188	V60	Edward Skinner	Tiptree Road Runners	: 40
189	V50	John Rex	Basildon AC	: 44
190	V55	Lee Prowse	Grange Farm & Dunmow Runnr	47: 06
191	V45	Ian Glover	Southend-on-Sea AC	: 23
192	SM	Luke Camman	JBR Run and Tri	: 37
193	SM	Craig Brown	Pitsea Running Club	: 39
194	SM	Mike Brimfield	JBR Run and Tri	: 42
195	V50	John Tracey	Pitsea Running Club	48: 10
196	V55	Rhys Davis	Basildon AC	: 17
197	V50	James Goddard	Mid Essex Casuals	: 21
198	V60	Brian Butcher	Mid Essex Casuals	: 27
199	V50	Dave Girt	Southend-on-Sea AC	: 47
200	V45	Jon Brown	JBR Run and Tri	49: 04
201	SM	Paul Kolomiyets	JBR Run and Tri	: 46
202	SM	William Holman	Phoenix Striders	: 54
203	V70	Keith Walker	Billericay Striders RC	: 59
204	V50	Henry Ricketts	Ilford AC	51: 16
205	V60	Graham Bardell	JBR Run and Tri	: 24
206	SM	Andrew Beazeley	Guest - Dagenham 88	: 57
207	SM	Gavin Davis	Pitsea Running Club	52: 20
208	SM	Anthony Oliveri	JBR Run and Tri	: 24
209	V50	Angus Aldridge	Southend-on-Sea AC	: 24
210	V60	Peter Gates	Phoenix Striders	: 26
211	V55	Stuart Atling	Hockley Trail Runners	54: 41
212	V40	David Benill	Hockley Trail Runners	: 50
213	V50	Chris Cammage	Mid Essex Casuals	: 58
214	V55	Chris Fowler	JBR Run and Tri	56: 12
215	V55	Ray Sparra Everingham	Ilford AC	57: 04
216	V50	Tim Reeves	Hockley Trail Runners	60: 56
217	V70	James Huddart	Ilford AC	64: 50

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