

Tuesday 18 July 2023, Roding Valley Recreation Ground

**600m U12 boys and girls, race 1**

1st	320	Max Silver	2:13.6
2nd	434	Finn Buckley	2:15.9
3rd	326	Teddy Knapman	2:16.6
4th	310	Ben Power	2:16.9
5th	314	Grace Bugg	2:18.4
6th	316	James Scola	2:19.2
7th	323	Millie Thompson	2:19.8
8th	319	Matthew Scola	2:22.7
9th	317	Kenzo Rughoo	2:23.8
10th	311	Cara Joyce	2:25.9
11th	315	Isabelle Thompson	2:27.6
12th	307	Arthur Hurley	2:28.0
13th	304	Alex Sack	2:28.3
14th	313	Gemma Scola	2:29.2
15th	325	Lewis Blair	2:32.5
16th	302	Alex McKay	2:36.0

**600m U9 boys**

1st	326	Teddy Knapman	2:16.6
2nd	310	Ben Power	2:16.9
3rd	317	Kenzo Rughoo	2:23.8

**600m U12 boys**

1st	320	Max Silver	2:13.6
2nd	434	Finn Buckley	2:15.9
3rd	316	James Scola	2:19.2
4th	319	Matthew Scola	2:22.7
5th	307	Arthur Hurley	2:28.0
6th	304	Alex Sack	2:28.3
7th	325	Lewis Blair	2:32.5
8th	302	Alex McKay	2:36.0

**600m U9 girls**

1st	315	Isabelle Thompson	2:27.6
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**600m U12 girls**

1st	314	Grace Bugg	2:18.4
2nd	323	Millie Thompson	2:19.8
3rd	311	Cara Joyce	2:25.9
4th	313	Gemma Scola	2:29.2

**800m U13 / U15 boys and girls, races 2 and 3**

1st	327	Aidan Buckley	2:33.6
2nd	329	Alex Apostol	2:37.8
3rd	351	Henry Brown	2:41.6
4th	365	Owen Williamson	2:44.1
5th	363	Oliver Bloom	2:44.5
6th	366	Samuel Silver	2:46.4
7th	353	Henry Hurley	2:48.9
8th	335	Dan Sack	3:04.0
9th	332	Charlotte Lim	3:34.1
10th	356	Kira Holland	3:35.7
11th	338	Emilia Ayrton	3:36.7
12th	354	Imogen Richards	3:38.6
13th	369	Toby Trewartha	3:39.1
14th	334	Connie Stubbs	3:47.6

**800m U13 boys, overall**

1st	363	Oliver Bloom	2:44.5
2nd	369	Toby Trewartha	3:39.1

**800m U13 girls**

1st	332	Charlotte Lim	3:34.1
2nd	354	Imogen Richards	3:38.6

**800m U15 boys, overall**

1st	327	Aidan Buckley	2:33.6
2nd	329	Alex Apostol	2:37.8
3rd	351	Henry Brown	2:41.6
4th	365	Owen Williamson	2:44.1
5th	366	Samuel Silver	2:46.4
6th	353	Henry Hurley	2:48.9
7th	335	Dan Sack	3:04.0

**800m U15 girls**

1st	356	Kira Holland	3:35.7
2nd	338	Emilia Ayrton	3:36.7
3rd	334	Connie Stubbs	3:47.6

**800m U17 U20 / senior women, race 4**

1st	389	Mary Knapman	2:44.0
2nd	360	Lottie Palmer	2:51.4
3rd	359	Lizzie Knapman	2:56.6
4th	372	Ali Trauttmandorff	3:02.2
5th	398	Michelle Hurley	3:07.9
6th	379	Lorna Gaffney	3:15.9
7th	397	Michelle Ayrton	3:37.7
8th	391	Melanie Peddle	3:50.1
9th	433	Kornelija Kvieskaite	3:51.8
10th	374	Caroline Ford	3:53.7
11th	400	Nadine Holland	4:04.6
12th	401	Rebecca Fricker	4:07.5
13th	373	Amanda Overy	4:13.9
14th	377	Livia Corneciu	4:30.5
15th	376	Jean Hobbs	4:30.5

**800m Senior women, overall**

1st	389	Mary Knapman	2:44.0
2nd	372	Ali Trauttmandorff	3:02.2
3rd	398	Michelle Hurley	3:07.9
4th	379	Lorna Gaffney	3:15.9
5th	397	Michelle Ayrton	3:37.7
6th	391	Melanie Peddle	3:50.1
7th	374	Caroline Ford	3:53.7
8th	400	Nadine Holland	4:04.6
9th	401	Rebecca Fricker	4:07.5
10th	373	Amanda Overy	4:13.9
11th	377	Livia Corneciu	4:30.5
12th	376	Jean Hobbs	4:30.5

**800m U17 girls**

360	Lottie Palmer	2:51.4
359	Lizzie Knapman	2:56.6
433	Kornelija Kvieskaite	3:51.8

**800m U17 / U20 men, race 5**

1st	349	Gabriel Buckley	2:26.3
2nd	350	George Abbott	2:33.2
3rd	343	Euan O'Regan	2:34.8
4th	330	Calum Buckley	2:40.8
5th	328	Aidan Oldfield	2:41.7
6th	432	Patrick Hansen	2:49.8
7th	355	Joseph James	3:04.4
8th	362	Nathan Wakinshaw	3:17.0

**800m senior men, race 6**

1st	427	Tom Abbott	2:34.3
2nd	417	Nick Barker	2:34.9
3rd	412	Jon Whitehouse	2:44.3
4th	420	Robin Daines	2:45.1
5th	402	Alan Fricker	2:52.3
6th	407	James Lambden	3:00.7
7th	409	John Stubbs	3:02.8
8th	413	Luke Williamson	3:03.2
9th	414	Mark Fox	3:05.4
10th	405	Ben Joyce	3:07.5
11th	435	Steve Batey	3:13.0
12th	419	Paul Thomas	3:13.7
13th	422	Steve Tonge	3:18.1
14th	426	Tim Horton	3:30.4

**Top 25**

1st	349	Gabriel Buckley	2:26.3
2nd	350	George Abbott	2:33.2
3rd	327	Aidan Buckley	2:33.6
4th	427	Tom Abbott	2:34.3
5th	343	Euan O'Regan	2:34.8
6th	417	Nick Barker	2:34.9
7th	329	Alex Apostol	2:37.8
8th	330	Calum Buckley	2:40.8
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14th	363	Oliver Bloom	2:44.5
15th	420	Robin Daines	2:45.1
16th	366	Samuel Silver	2:46.4
17th	353	Henry Hurley	2:48.9
18th	432	Patrick Hansen	2:49.8
19th	402	Alan Fricker	2:52.3
20th	407	James Lambden	3:00.7
21st	372	Ali Trauttmandorff	3:02.2
22nd	409	John Stubbs	3:02.8
23rd	335	Dan Sack	3:04.0
24th	355	Joseph James	3:04.4
25th	398	Michelle Hurley	3:07.9

**800m women**

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