

Chingford League 2023-24 Season

Race 2 Eastbrookend Country Park 21st October

Division 1 Men

Pos	Number	FirstName	LastName	AgeCat	Club	Time											Total	Points
1	1298	Joe	Dale	M40	VP	00:25:40												
2	1296	Jamie	Cornuau	SM	VP	00:25:45												
3	1357	Joseph	Wood	SM	VP	00:26:03												
4	514	Roger	Maidment	M50	OH	00:26:14	VP	1	2	3	5	6	11	28	8			
5	1366	Dominic	Baxter	SM	VP	00:26:18	TP	8	9	12	17	19	25	90	7			
6	1316	David	Jones	M40	VP	00:26:23	OH	4	7	14	18	22	28	93	6			
7	561	Brian	Jenkins	M40	OH	00:26:55	LO	13	23	26	27	32	40	161	5			
8	1458	Matt	Hogsden	SM	TP	00:27:06	EM	10	15	24	39	47	54	189	4			
9	1443	Paul	Brennan	M40	TP	00:27:23	EL	43	44	46	52	57	62	304	3			
10	937	Craig	Stevens	SM	EM	00:27:46	ED	21	35	51	81	86	98	372	2			
11	1295	Neil	Cook	M40	VP	00:27:56	BR	38	59	69	101	101	101	469	1			
12	1431	Scott	Aiken	M50	TP	00:27:59												
13	1531	George	Abbott	U20	LO	00:28:03												
14	569	Reece	Barclay	SM	OH	00:28:05												
15	950	Lennart	Horst	SM	EM	00:28:09												
16	1311	Andy	Goodwin	SM	VP	00:28:12												
17	1436	Jim	Arrowsmith	M40	TP	00:28:16												
18	515	Neil	McGoun	M40	OH	00:28:20												
19	1454	Ben	Halstead	U20M	TP	00:28:34												
20	1282	Graham	Atkins	SM	VP	00:28:38												
21	391	Ilia	Loubenski	M50	ED	00:28:43												
22	565	Stephen	Thompson	M40	OH	00:28:45												
23	1569	Ben	Thompson	M40	LO	00:28:47												
24	948	Graham	White	SM	EM	00:29:00												
25	1481	David	Weir	M40	TP	00:29:07												
26	1543	Edwin	Gaye	SM	LO	00:29:08												
27	1574	Jon	Whitehouse	M50	LO	00:29:10												
28	558	Russell	Brown	M50	OH	00:29:11												
29	1328	Tiago	Mendes	SM	VP	00:29:21												
30	1323	Kevin	Long	M40	VP	00:29:22												

31	1285	Simeon	Bennett	M40	VP	00:29:23
32	1530	Tom	Abbott	SM	LO	00:29:24
33	481	Dan	Booth	SM	OH	00:29:26
34	1297	Andre	Dahlkamp	M50	VP	00:29:35
35	393	Luke	McTavish	SM	ED	00:29:41
36	1291	Rob	Blair	M40	VP	00:29:52
37	563	Ed	Lunn	SM	OH	00:30:01
38	1259	Chris	Travis	SM	BR	00:30:04
39	938	Peter	Stilwell	SM	EM	00:30:07
40	1557	Euan	O'Regan	U20	LO	00:30:15
41	537	David	Wilson	M40	OH	00:30:24
42	1358	Will	Yeates	M40	VP	00:30:27
43	622	Karan	Gadhia	SM	EL	00:30:36
44	647	Alex	Pickering	M40	EL	00:30:37
45	1473	Robert	Sikorski	M40	TP	00:30:39
46	627	Tommy	Ho	SM	EL	00:30:44
47	951	Russ	Jones	M50	EM	00:30:54
48	1540	Alan	Fricker	M40	LO	00:31:06
49	1376	Eoin	Cassidy	SM	VP	00:31:09
50	1480	Paul	Ward	M50	TP	00:31:20
51	412	Kevin	Esdaille	M50	ED	00:31:22
52	633	Amit	Marks	M40	EL	00:31:27
53	1354	David	Warwick	M50	VP	00:31:31
54	936	Robert	Sommerville	M50	EM	00:31:36
55	491	Scott	Duncan	SM	OH	00:31:38
56	1552	Tom	Meredith	SM	LO	00:31:55
57	666	Andrew	Baxter	M50	EL	00:31:58
58	1350	Tim	Todhunter	SM	VP	00:32:05
59	1447	Edwin	Coutts	M40	TP	00:32:07
60	1221	Tom	Brennan	SM	BR	00:32:08
61	506	Gwilym	Johnston	M40	OH	00:32:18
62	664	Paul	Watkins	SM	EL	00:32:27
63	619	Fernando	Espada	M50	EL	00:32:33
64	1346	David John	Simpson	SM	VP	00:32:43
65	1462	Stuart	Manktelow	M60	TP	00:33:15
66	500	Dan	Green	M50	OH	00:33:21
67	1466	Martin	Morgan	M50	TP	00:33:25
68	564	Colin	Smith	M40	OH	00:33:32

69	655	Jacob	Stevens	M40	EL	00:33:33
70	1234	Martin	Page	M60	BR	00:34:04
71	1329	Tim	Miller	M50	VP	00:34:16
72	531	Steve	Taylor	M50	OH	00:34:55
73	1488	John	Rose	M50	TP	00:35:08
74	1375	William	Burbridge-James	M60	VP	00:35:25
75	1339	Stephen	Phillips	M50	VP	00:35:35
76	1565	John	Stubbs	M40	LO	00:35:38
77	1548	Ben	Joyce	M40	LO	00:36:00
78	1556	Aidan	Oldfield	U20	LO	00:36:04
79	615	Grant	Conway	M50	EL	00:36:48
80	600	Abdirahman	Adan	M50	EL	00:37:06
81	427	Michael	Orr	M50	ED	00:37:50
82	626	John	Healy	M40	EL	00:37:59
83	562	Andy	Lunn	M50	OH	00:38:22
84	1475	Chas	Taylor	M70	TP	00:38:44
85	641	John	O'Brien	M50	EL	00:39:08
86	390	James	Gill	M40	ED	00:39:12
87	1554	Graham	Oldfield	M40	LO	00:39:19
88	645	Ramesh	Pala	M60	EL	00:39:24
89	1489	Robin	Tremaine	M60	TP	00:39:25
90	1493	Eamonn	Cullen	M60	TP	00:39:57
91	1340	David	Rank	SM	VP	00:40:12
92	1365	Russell	Toone	M50	VP	00:40:23
93	1449	Andrew	Dench	M50	TP	00:42:00
94	924	Geoff	Nicholls	M70	EM	00:42:01
95	1452	Giovanni	Ferrari	M50	TP	00:42:36
96	638	Imran	Mustak	M40	EL	00:42:51
97	1490	David	Paul	M70	TP	00:43:37
98	394	Andy	Paraskeva	M50	ED	00:44:42
99	1539	Mark	Fox	M40	LO	00:46:55
100	529	Peter	Spelman	M70	OH	00:55:52
101	9999	Male	Ghost			

Division 2 Men

Pos	Number	FirstName	LastName	AgeCat	Club	Time								Total	Points
2	1015	Edward	Fraser	SM	BA	00:27:31									
6	1036	Richard	McCormick	M60	BA	00:28:52									
13	1067	Will	Morris	SM	BA	00:30:46	Club							Total	Points
14	1006	Philip	Collington	M40	BA	00:30:47	BA	2	6	13	14	22	27	84	13
22	1058	Kevin	Valaydon	M40	BA	00:33:13	IL	3	12	17	20	39	44	135	12
27	1037	Costa	Michael	M50	BA	00:33:52	TL	1	7	15	28	34	64	149	11
29	1065	Brian	Lallaway	M40	BA	00:33:58	ET	16	21	23	26	31	41	158	10
33	1008	Grahame	Davies	M60	BA	00:35:05	SO	5	9	25	30	66	66	201	9
36	1069	Tim	Ward	M50	BA	00:35:28	MC	4	8	18	53	66	66	215	8
38	1014	Peter	Ellis	M60	BA	00:35:33	DA	10	35	40	47	54	57	243	7
42	1016	Scott	Fraser	M50	BA	00:36:26	WG	11	24	37	66	66	66	270	6
43	1018	Mark	Glover	M50	BA	00:36:31	EE	32	45	66	66	66	66	341	5
48	1059	Chris	Violet	M50	BA	00:37:43	LH	19	66	66	66	66	66	349	4
49	1038	Des	Michael	M70	BA	00:38:18	HW	46	56	58	66	66	66	358	3
51	1051	Graham	Slater	M60	BA	00:38:52	EH	66	66	66	66	66	66	396	0
55	1049	David	Scott	M60	BA	00:39:33	NE	66	66	66	66	66	66	396	0
63	1062	Andrew	Welsh	M60	BA	00:45:04									
65	1001	Milan	Balaz	M60	BA	00:49:53									
10	717	Dyfan	Garmon	M40	DA	00:30:19									
35	736	Billy	Walkington	M40	DA	00:35:15									
40	710	Gary	Cardnell	M60	DA	00:36:16									
47	730	Tom	Sargeant	M40	DA	00:37:33									
54	721	John	Hughes	M50	DA	00:39:22									
57	728	Michael	Pegnall	M40	DA	00:40:46									
60	715	Lynton	Fairman	M40	DA	00:42:15									
61	723	Allan	Lacey	M50	DA	00:43:44									
32	1105	Niall	Mulholland	M50	EE	00:35:04									
45	1100	Richard	Gill	SM	EE	00:37:14									
16	1642	Gavin	Wren	M40	ET	00:31:10									
21	1640	Ben	Watts	M40	ET	00:32:39									
23	1639	Timothy	Stodell	M40	ET	00:33:26									
26	1623	Jeremy	Bush	M50	ET	00:33:46									
31	1632	Michael	Loiacono	M50	ET	00:34:34									
41	1621	Graeme	Bell	M40	ET	00:36:23									
50	1636	Sean	Reed	M50	ET	00:38:39									

46	1184	Joaquin	Polo	M40	HW	00:37:31
56	1147	Steve	Gourley	M50	HW	00:40:18
58	1160	James	Strachan	SM	HW	00:40:59
3	836	Sam	Rahman	SM	IL	00:28:06
12	830	Danny	Holeyman	M40	IL	00:30:45
17	826	Joel	Denning	M40	IL	00:31:26
20	867	Bradley	Brown	M40	IL	00:32:37
39	842	Nick	West	SM	IL	00:36:10
44	846	Andy	Catton	M70	IL	00:37:01
52	866	Sean	Costello	M50	IL	00:39:01
59	863	Edward	Skinner	M60	IL	00:42:05
62	861	Rob	Sargent	M60	IL	00:44:20
19	307	Andrew	Wooding	SM	LH	00:32:20
4	334	Andy	Davies	SM	MC	00:28:44
8	370	Callum	Gathercole	SM	MC	00:30:17
18	327	Daniel	Berry	M50	MC	00:31:54
53	340	Gary	Homewood	M50	MC	00:39:05
5	792	Piotr	Woloszyn	M40	SO	00:28:46
9	781	Will	Black	SM	SO	00:30:18
25	797	Xiaolin	Cheng	SM	SO	00:33:43
30	790	Francesco	Sinigaglia	M40	SO	00:34:02
1	1213	James	Claxton	SM	TL	00:27:07
7	1203	Simon	Foley	M50	TL	00:30:12
15	1216	Rupert	Hunt	SM	TL	00:31:00
28	1215	Alan	Clark	SM	TL	00:33:54
34	1211	Giannis	Afentakis	SM	TL	00:35:12
64	1214	Arnaud	Delaeter	M40	TL	00:48:38
11	460	Tony	Pamphilon	M60	WG	00:30:35
24	1751	Joe	Everitt	M40	WG	00:33:35
37	463	Paul	Stockings	M60	WG	00:35:31
66	9999	Male	Ghost			

34	558	Russell	Brown	M50	OH	00:29:11
35	1328	Tiago	Mendes	SM	VP	00:29:21
36	1323	Kevin	Long	M40	VP	00:29:22
37	1285	Simeon	Bennett	M40	VP	00:29:23
38	1530	Tom	Abbott	SM	LO	00:29:24
39	481	Dan	Booth	SM	OH	00:29:26
40	1297	Andre	Dahlkamp	M50	VP	00:29:35
41	393	Luke	McTavish	SM	ED	00:29:41
42	1291	Rob	Blair	M40	VP	00:29:52
43	563	Ed	Lunn	SM	OH	00:30:01
44	1259	Chris	Travis	SM	BR	00:30:04
45	938	Peter	Stilwell	SM	EM	00:30:07
46	1203	Simon	Foley	M50	TL	00:30:12
47	1557	Euan	O'Regan	U20	LO	00:30:15
48	370	Callum	Gathercole	SM	MC	00:30:17
49	781	Will	Black	SM	SO	00:30:18
50	717	Dyfan	Garmon	M40	DA	00:30:19
51	537	David	Wilson	M40	OH	00:30:24
52	1358	Will	Yeates	M40	VP	00:30:27
53	460	Tony	Pamphilon	M60	WG	00:30:35
54	622	Karan	Gadhia	SM	EL	00:30:36
55	647	Alex	Pickering	M40	EL	00:30:37
56	1473	Robert	Sikorski	M40	TP	00:30:39
57	627	Tommy	Ho	SM	EL	00:30:44
58	830	Danny	Holeyman	M40	IL	00:30:45
59	1067	Will	Morris	SM	BA	00:30:46
60	1006	Philip	Collington	M40	BA	00:30:47
61	951	Russ	Jones	M50	EM	00:30:54
62	1216	Rupert	Hunt	SM	TL	00:31:00
63	1540	Alan	Fricker	M40	LO	00:31:06
64	1376	Eoin	Cassidy	SM	VP	00:31:09
65	1642	Gavin	Wren	M40	ET	00:31:10
66	1480	Paul	Ward	M50	TP	00:31:20
67	412	Kevin	Esdaille	M50	ED	00:31:22
68	826	Joel	Denning	M40	IL	00:31:26
69	633	Amit	Marks	M40	EL	00:31:27
70	1354	David	Warwick	M50	VP	00:31:31

Vets Teams

Club	Total	Points
VP	133	21
OH	143	20
TP	197	19
BA	474	18
LO	493	17
EL	495	16
ET	555	15
IL	621	14
ED	685	13
DA	693	12
WG	755	11
EM	782	10
SO	790	9
TL	873	8
MC	874	7
BR	930	6
EE	934	5
HW	937	4
EH	996	0
LH	996	0
NE	996	0

71	936	Robert	Sommerville	M50	EM	00:31:36
72	491	Scott	Duncan	SM	OH	00:31:38
73	327	Daniel	Berry	M50	MC	00:31:54
74	1552	Tom	Meredith	SM	LO	00:31:55
75	666	Andrew	Baxter	M50	EL	00:31:58
76	1350	Tim	Todhunter	SM	VP	00:32:05
77	1447	Edwin	Coutts	M40	TP	00:32:07
78	1221	Tom	Brennan	SM	BR	00:32:08
79	506	Gwilym	Johnston	M40	OH	00:32:18
80	307	Andrew	Wooding	SM	LH	00:32:20
81	664	Paul	Watkins	SM	EL	00:32:27
82	619	Fernando	Espada	M50	EL	00:32:33
83	867	Bradley	Brown	M40	IL	00:32:37
84	1640	Ben	Watts	M40	ET	00:32:39
85	1346	David John	Simpson	SM	VP	00:32:43
86	1058	Kevin	Valaydon	M40	BA	00:33:13
87	1462	Stuart	Manktelow	M60	TP	00:33:15
88	500	Dan	Green	M50	OH	00:33:21
89	1466	Martin	Morgan	M50	TP	00:33:25
90	1639	Timothy	Stodell	M40	ET	00:33:26
91	564	Colin	Smith	M40	OH	00:33:32
92	655	Jacob	Stevens	M40	EL	00:33:33
93	1751	Joe	Everitt	M40	WG	00:33:35
94	797	Xiaolin	Cheng	SM	SO	00:33:43
95	1623	Jeremy	Bush	M50	ET	00:33:46
96	1037	Costa	Michael	M50	BA	00:33:52
97	1215	Alan	Clark	SM	TL	00:33:54
98	1065	Brian	Lallaway	M40	BA	00:33:58
99	790	Francesco	Sinigaglia	M40	SO	00:34:02
100	1234	Martin	Page	M60	BR	00:34:04
101	1329	Tim	Miller	M50	VP	00:34:16
102	1632	Michael	Loiacono	M50	ET	00:34:34
103	531	Steve	Taylor	M50	OH	00:34:55
104	1105	Niall	Mulholland	M50	EE	00:35:04
105	1008	Grahame	Davies	M60	BA	00:35:05
106	1488	John	Rose	M50	TP	00:35:08
107	1211	Giannis	Afentakis	SM	TL	00:35:12
108	736	Billy	Walkington	M40	DA	00:35:15

109	1375	William	Burbridge-James	M60	VP	00:35:25
110	1069	Tim	Ward	M50	BA	00:35:28
111	463	Paul	Stockings	M60	WG	00:35:31
112	1014	Peter	Ellis	M60	BA	00:35:33
113	1339	Stephen	Phillips	M50	VP	00:35:35
114	1565	John	Stubbs	M40	LO	00:35:38
115	1548	Ben	Joyce	M40	LO	00:36:00
116	1556	Aidan	Oldfield	U20	LO	00:36:04
117	842	Nick	West	SM	IL	00:36:10
118	710	Gary	Cardnell	M60	DA	00:36:16
119	1621	Graeme	Bell	M40	ET	00:36:23
120	1016	Scott	Fraser	M50	BA	00:36:26
121	1018	Mark	Glover	M50	BA	00:36:31
122	615	Grant	Conway	M50	EL	00:36:48
123	846	Andy	Catton	M70	IL	00:37:01
124	600	Abdirahman	Adan	M50	EL	00:37:06
125	1100	Richard	Gill	SM	EE	00:37:14
126	1184	Joaquin	Polo	M40	HW	00:37:31
127	730	Tom	Sargeant	M40	DA	00:37:33
128	1059	Chris	Violet	M50	BA	00:37:43
129	427	Michael	Orr	M50	ED	00:37:50
130	626	John	Healy	M40	EL	00:37:59
131	1038	Des	Michael	M70	BA	00:38:18
132	562	Andy	Lunn	M50	OH	00:38:22
133	1636	Sean	Reed	M50	ET	00:38:39
134	1475	Chas	Taylor	M70	TP	00:38:44
135	1051	Graham	Slater	M60	BA	00:38:52
136	866	Sean	Costello	M50	IL	00:39:01
137	340	Gary	Homewood	M50	MC	00:39:05
138	641	John	O'Brien	M50	EL	00:39:08
139	390	James	Gill	M40	ED	00:39:12
140	1554	Graham	Oldfield	M40	LO	00:39:19
141	721	John	Hughes	M50	DA	00:39:22
142	645	Ramesh	Pala	M60	EL	00:39:24
143	1489	Robin	Tremaine	M60	TP	00:39:25
144	1049	David	Scott	M60	BA	00:39:33
145	1493	Eamonn	Cullen	M60	TP	00:39:57
146	1340	David	Rank	SM	VP	00:40:12

147	1147	Steve	Gourley	M50	HW	00:40:18
148	1365	Russell	Toone	M50	VP	00:40:23
149	728	Michael	Pegnall	M40	DA	00:40:46
150	1160	James	Strachan	SM	HW	00:40:59
151	1449	Andrew	Dench	M50	TP	00:42:00
152	924	Geoff	Nicholls	M70	EM	00:42:01
153	863	Edward	Skinner	M60	IL	00:42:05
154	715	Lynton	Fairman	M40	DA	00:42:15
155	1452	Giovanni	Ferrari	M50	TP	00:42:36
156	638	Imran	Mustak	M40	EL	00:42:51
157	1490	David	Paul	M70	TP	00:43:37
158	723	Allan	Lacey	M50	DA	00:43:44
159	861	Rob	Sargent	M60	IL	00:44:20
160	394	Andy	Paraskeva	M50	ED	00:44:42
161	1062	Andrew	Welsh	M60	BA	00:45:04
162	1539	Mark	Fox	M40	LO	00:46:55
163	1214	Arnaud	Delaeter	M40	TL	00:48:38
164	1001	Milan	Balaz	M60	BA	00:49:53
165	529	Peter	Spelman	M70	OH	00:55:52
166	9999	Male	Ghost			