

## Chingford League Race 1 - Women

| RacePos | Number | First    | Last                      | AWAgeCat | ClubAWName | RaceTime |
|---------|--------|----------|---------------------------|----------|------------|----------|
| 1       | 1296   | Jo       | Hall                      | SW       | VPH&TH     | 00:19:56 |
| 2       | 777    | Sarah    | Flanagan                  | W40      | Eton M     | 00:20:04 |
| 3       | 900    | Natasha  | Sheel                     | SW       | Lon City   | 00:20:21 |
| 4       | 1081   | Hayley   | Rogerson                  | W40      | Orion      | 00:20:58 |
| 5       | 779    | Taryne   | McPherson                 | W40      | Eton M     | 00:21:10 |
| 6       | 1284   | Sophie   | Allen                     | SW       | VPH&TH     | 00:21:19 |
| 7       | 782    | Jenny    | Heymann                   | W40      | Eton M     | 00:21:30 |
| 8       | 1110   | Jasmin   | Fitzpatrick               | SW       | Orion      | 00:21:38 |
| 9       | 1304   | Rebecca  | Fode                      | SW       | VPH&TH     | 00:21:40 |
| 10      | 622    | Ellie    | Wilkinson                 | SW       | ELR        | 00:21:52 |
| 11      | 1087   | Alison   | Trautmannsdorff-Weinsberg | W45      | Orion      | 00:21:55 |
| 12      | 1294   | Isla     | Cameron                   | SW       | VPH&TH     | 00:21:58 |
| 13      | 1091   | Claire   | Huggins                   | SW       | Orion      | 00:22:01 |
| 14      | 1297   | Charlie  | Bewley                    | SW       | VPH&TH     | 00:22:03 |
| 15      | 608    | Caroline | Frith                     | W40      | ELR        | 00:22:15 |
| 16      | 380    | Debbie   | Coyle                     | W40      | Bark RR    | 00:22:18 |
| 17      | 788    | Claire   | Fisher                    | SW       | Eton M     | 00:22:19 |
| 18      | 985    | Mary     | Knapman                   | W40      | Lought     | 00:22:21 |
| 19      | 975    | Lorna    | Gaffney                   | W50      | Lought     | 00:22:30 |
| 20      | 702    | Chloe    | Vaughan                   | SW       | ELTri      | 00:22:31 |
| 21      | 1080   | Lorraine | Gosling                   | W45      | Orion      | 00:22:32 |
| 22      | 1302   | Rachel   | Morison                   | SW       | VPH&TH     | 00:22:36 |
| 23      | 602    | Becky    | Evans                     | W50      | ELR        | 00:22:43 |
| 24      | 1278   | Faye     | Jeacocke                  | W40      | VPH&TH     | 00:22:49 |
| 25      | 1280   | Alice    | Cranwell                  | SW       | VPH&TH     | 00:23:03 |
| 26      | 1099   | Pippa    | Dowswell                  | W55      | Orion      | 00:23:10 |
| 27      | 1293   | Jennifer | Graham                    | SW       | VPH&TH     | 00:23:12 |
| 28      | 1102   | Hannah   | White                     | SW       | Orion      | 00:23:16 |
| 29      | 787    | Zoe      | Woodward                  | W55      | Eton M     | 00:23:19 |
| 30      | 783    | Kate     | Malcolm                   | W45      | Eton M     | 00:23:23 |
| 31      | 1282   | Victoria | Fabbri                    | W40      | VPH&TH     | 00:23:25 |
| 32      | 793    | Jessica  | Verrall                   | SW       | Eton M     | 00:23:28 |
| 33      | 775    | Sarah    | Giles                     | SW       | Eton M     | 00:23:30 |
| 34      | 1283   | Ellie    | Tait                      | SW       | VPH&TH     | 00:23:35 |
| 35      | 627    | Lauren   | Kelly                     | SW       | ELR        | 00:24:06 |
| 36      | 620    | Chloe    | Millan                    | SW       | ELR        | 00:24:06 |
| 37      | 1097   | Donna    | Wilkins                   | W45      | Orion      | 00:24:10 |
| 38      | 617    | Kasia    | Stachowiak                | SW       | ELR        | 00:24:15 |
| 39      | 1305   | Gaby     | Ellisbone                 | W45      | VPH&TH     | 00:24:17 |
| 40      | 778    | Gail     | Hennessy                  | W65      | Eton M     | 00:24:20 |
| 41      | 1075   | Liz      | Rossberg                  | W40      | Orion      | 00:24:27 |
| 42      | 1313   | Minna    | Harrison                  | W45      | VPH&TH     | 00:24:28 |
| 43      | 610    | Maud     | Hodson                    | W45      | ELR        | 00:24:38 |
| 44      | 785    | Rosie    | Parker                    | SW       | Eton M     | 00:24:39 |

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| 45 | 611  | Katie     | Whitton       | SW  | ELR      | 00:24:40 |
| 46 | 855  | Jennifer  | Loudon        | SW  | Hwood    | 00:24:41 |
| 47 | 1077 | Mary      | Armitage      | W55 | Orion    | 00:24:42 |
| 48 | 1285 | Harriet   | Lowndes       | SW  | VPH&TH   | 00:24:45 |
| 49 | 1076 | Christine | Inch          | W55 | Orion    | 00:24:48 |
| 50 | 857  | Sara      | de Winter     | W50 | Hwood    | 00:24:51 |
| 51 | 1299 | Sarah     | Stewart       | SW  | VPH&TH   | 00:24:58 |
| 52 | 789  | Kay       | Gillett       | SW  | Eton M   | 00:24:59 |
| 53 | 989  | Wendy     | Seymour       | W40 | Lought   | 00:25:10 |
| 54 | 1089 | Angie     | Flight        | SW  | Orion    | 00:25:20 |
| 55 | 1295 | Claire    | Ross          | SW  | VPH&TH   | 00:25:23 |
| 56 | 473  | Jenny     | Akroyd        | SW  | Dag88    | 00:25:54 |
| 57 | 624  | Sarah     | Burns         | W40 | ELR      | 00:26:00 |
| 58 | 603  | Carolyn   | Edwards       | SW  | ELR      | 00:26:03 |
| 59 | 1277 | Joyce     | Berry         | W50 | VPH&TH   | 00:26:13 |
| 60 | 1275 | Philippa  | Cockman       | W55 | VPH&TH   | 00:26:16 |
| 61 | 1083 | Nikkii    | Barnett       | W45 | Orion    | 00:26:19 |
| 62 | 781  | Chloe     | Shrimpton     | SW  | Eton M   | 00:26:19 |
| 63 | 464  | Hannah    | Sheikh        | W45 | Dag88    | 00:26:21 |
| 64 | 469  | Rahana    | Islam         | W40 | Dag88    | 00:26:22 |
| 65 | 850  | Ruth      | Quince        | W40 | Hwood    | 00:26:23 |
| 66 | 1096 | Karen     | Allworthy     | W60 | Orion    | 00:26:28 |
| 67 | 780  | Chidi     | Richardson    | W50 | Eton M   | 00:26:31 |
| 68 | 979  | Amie      | Harrison      | SW  | Lought   | 00:26:33 |
| 69 | 988  | Georgie   | Gillott       | SW  | Lought   | 00:26:36 |
| 70 | 503  | Ai Seng   | Paul          | W60 | Edmon    | 00:26:39 |
| 71 | 776  | Janine    | Durrant       | W40 | Eton M   | 00:26:54 |
| 72 | 790  | Fen       | Coles         | W45 | Eton M   | 00:26:55 |
| 73 | 604  | Cat       | Hoult         | W40 | ELR      | 00:26:56 |
| 74 | 1098 | Nessa     | Clyne         | W45 | Orion    | 00:26:56 |
| 75 | 458  | Emma      | Dudman        | W40 | Dag88    | 00:27:02 |
| 76 | 454  | Jenny     | O'Hanlon      | SW  | Dag88    | 00:27:02 |
| 77 | 1276 | Sarah     | Knox          | W45 | VPH&TH   | 00:27:17 |
| 78 | 852  | Louise    | Hawker        | SW  | Hwood    | 00:27:26 |
| 79 | 1291 | Rebecca   | Goult         | SW  | VPH&TH   | 00:27:34 |
| 80 | 500  | Claire    | Catmull       | W40 | Edmon    | 00:27:37 |
| 81 | 605  | Filipa    | Soares        | W45 | ELR      | 00:27:41 |
| 82 | 606  | Claire    | Emery         | W45 | ELR      | 00:27:53 |
| 83 | 1290 | Amy       | Blackburn-Lau | SW  | VPH&TH   | 00:27:54 |
| 84 | 984  | Nadine    | Holland       | W40 | Lought   | 00:27:54 |
| 85 | 1025 | Jennifer  | Moore         | SW  | Mchasers | 00:28:02 |
| 86 | 1312 | Neeltje   | Van Horen     | W40 | VPH&TH   | 00:28:02 |
| 87 | 501  | Irina     | Yankova       | SW  | Edmon    | 00:28:14 |
| 88 | 389  | Lauren    | Simmons       | SW  | Bark RR  | 00:28:15 |
| 89 | 613  | Fiona     | Day           | W60 | ELR      | 00:28:21 |
| 90 | 1090 | Lisa      | Smith         | W60 | Orion    | 00:28:24 |
| 91 | 784  | Hayley    | Dalton        | W45 | Eton M   | 00:28:38 |

|     |      |           |                    |     |         |          |
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| 92  | 384  | Natalie   | Traylen            | W40 | Bark RR | 00:28:48 |
| 93  | 1084 | Sandra    | Heinze             | W45 | Orion   | 00:28:48 |
| 94  | 460  | Jane      | Swanson-Sprent     | W50 | Dag88   | 00:28:50 |
| 95  | 451  | Rosina    | Salmon             | W45 | Dag88   | 00:29:00 |
| 96  | 858  | Amanda    | Lewis              | SW  | Hwood   | 00:29:05 |
| 97  | 474  | Suzanne   | Easley             | SW  | Dag88   | 00:29:09 |
| 98  | 461  | Emma      | O'Shea             | W45 | Dag88   | 00:29:10 |
| 99  | 786  | Siobhan   | Parker             | W45 | Eton M  | 00:29:25 |
| 100 | 600  | Alexandra | Rutishauser-Perera | W40 | ELR     | 00:29:26 |
| 101 | 1279 | Cheryl    | Evans              | SW  | VPH&TH  | 00:29:35 |
| 102 | 502  | Maria     | Zota               | SW  | Edmon   | 00:29:39 |
| 103 | 1085 | Anna      | Barnett            | W45 | Orion   | 00:29:50 |
| 104 | 1086 | Shayne    | Bellas             | W40 | Orion   | 00:29:51 |
| 105 | 374  | Rosalind  | Thompson           | SW  | Barnet  | 00:30:35 |
| 106 | 463  | Sarah     | Capon              | W55 | Dag88   | 00:30:38 |
| 107 | 1094 | Lynne     | Wakinshaw          | W40 | Orion   | 00:30:57 |
| 108 | 452  | Jackie    | Frewin             | W60 | Dag88   | 00:30:58 |
| 109 | 466  | Geri      | Latimer            | W50 | Dag88   | 00:30:59 |
| 110 | 1106 | Mary      | Johnson            | W40 | Orion   | 00:31:33 |
| 111 | 612  | Anna      | Dingle             | W40 | ELR     | 00:31:43 |
| 112 | 459  | Lorraine  | Hilton             | W55 | Dag88   | 00:32:02 |
| 113 | 465  | Tracy     | Drake-Tapscott     | SW  | Dag88   | 00:32:24 |
| 114 | 377  | Alison    | Fryatt             | W50 | Bark RR | 00:32:35 |
| 115 | 470  | Sara      | Prior              | W45 | Dag88   | 00:32:41 |
| 116 | 791  | Claude    | Gierl              | W60 | Eton M  | 00:33:08 |
| 117 | 792  | Sue       | Unsworth           | W45 | Eton M  | 00:33:15 |
| 118 | 462  | Timi      | Veerasingh         | W65 | Dag88   | 00:33:35 |
| 119 | 614  | Maya      | Goodwin            | W45 | ELR     | 00:33:49 |
| 120 | 472  | Anne      | Duggan             | W50 | Dag88   | 00:34:22 |
| 121 | 379  | Isabel    | Pinedo             | SW  | Bark RR | 00:35:07 |
| 122 | 457  | Kaye      | Sandford           | SW  | Dag88   | 00:35:39 |
| 123 | 468  | Pebbles   | Wyard              | SW  | Dag88   | 00:35:54 |
| 124 | 391  | Nicola    | Cranmer            | W50 | Bark RR | 00:35:55 |
| 125 | 700  | Dawn      | Hunter             | W50 | ELTri   | 00:36:22 |
| 126 | 977  | Catherine | Gurney             | W50 | Lought  | 00:37:14 |