

Essex Cross Country League (5)

Hainault Forest

11/02/2023

Senior women

Pos	Age Gp	Name	Team	Time	Teams			
1	V40	Rachel Wiseman	Basildon AC	22: 53	1	Havering AC	Div 1	31
2	U20	Jayne Elvin	Thurrock Harriers	24: 07	2	Colchester Harriers AC	Div 1	58
3	SW	Lydia Callan	Colchester Harriers AC	24: 27	3	Loughton AC	Div 2	115
4	SW	Lydia Hallam	Havering AC	24: 46	4	Orion Harriers	Div 1	120
5	SW	Rachel Broome	Chelmsford AC	24: 54	5	Springfield Striders RC	Div 2	124
6	SW	Ginte Bailey	Havering AC	25: 10	6	Grange Farm & Dunmow Runners	Div 2	129
7	SW	Morgan Campbell	Havering AC	25: 15	7	Thurrock Harriers	Div 1	132
8	V40	Sarah Williams	Grange Farm & Dunmow Runners	25: 19	8	City of Southend AC	Div 1	136
9	SW	Megan Williams	Chelmsford AC	25: 35	9	Chelmsford AC	Div 2	141
10	SW	Sarah Overington	Springfield Striders RC	25: 53	10	Ilford AC	Div 1	151
11	V45	Zoe Oldfield	Loughton AC	26: 11	11	Billericay Striders RC	Div 1	236
12	SW	Jordan Hinds	Ilford AC	26: 20	12	JBR Run and Tri	Div 1	253
13	V40	Mary Knapman	Loughton AC	26: 20	13	Pitsea Running Club	Div 2	276
14	SW	Robyn Matson	Havering AC	26: 25	14	Benfleet Running Club	Div 1	282
15	V50	Wendy King	Chelmsford AC	26: 30	15	Brentwood Running Club	Div 1	282
16	SW	Emma Burgess	Colchester Harriers AC	26: 37	16	Boxted Runners	Div 1	292
17	V55	Margaret Deasy	Colchester Harriers AC	27: 20	17	South Woodham Runners	Div 2	336
18	SW	Anastasia Lyne	Billericay Striders RC	27: 27	18	Halstead RR	Div 2	355
19	SW	Vicky Smith	Havering AC	27: 36	19	Castle Point Joggers	Div 2	409
20	SW	Hannah White	Orion Harriers	27: 41	20	Phoenix Striders	Div 1	239 (3)
21	SW	Nicole Frisby	Springfield Striders RC	27: 50	21	Braintree & District AC	Div 2	100 (2)
22	V50	Denise Morley	Colchester Harriers AC	28: 00	22	Mid Essex Casuals	Div 2	173 (2)
23	V40	Hayley Rogerson	Orion Harriers	28: 04	23	Basildon AC	Div 2	1 (1)
24	V40	Kate Walsh	JBR Run and Tri	28: 11	24	Brentwood Beagles	Div 2	32 (1)
25	SW	Juliette Le Mare	City of Southend AC	28: 35	25	Guest	0	49 (1)
26	V45	Hannah McIlvenna	Grange Farm & Dunmow Runners	28: 49	26	Hockley Trail Runners	Div 2	89 (1)
27	V40	Ellie Cumner	Colchester Harriers AC	28: 50	27	East Essex Triathlon Club	Div 2	111 (1)
28	SW	Clare Davies	Havering AC	28: 51				
29	V50	Clare Hayes	Grange Farm & Dunmow Runners	28: 53				
30	SW	Jade Edwards	Havering AC	29: 01				
31	SW	Anna Crawley	Ilford AC	29: 07				
32	V45	Laura Durn	Brentwood Beagles	29: 16				
33	V45	Emily Smith	Springfield Striders RC	29: 20				
34	V50	Nikkii Barnett	Orion Harriers	29: 44				
35	V50	Rebecca Taylor	City of Southend AC	29: 46				
36	V40	Leonie Nalcioglu	Thurrock Harriers	29: 47				
37	SW	Jennie Gall	City of Southend AC	29: 58				
38	V55	Lorna Gaffney	Loughton AC	30: 17				
39	V40	Kasia Kostryka	City of Southend AC	30: 17				
40	V45	Serena Jones	Phoenix Striders	30: 23				
41	V55	Vanessa Mathers	City of Southend AC	30: 25				
42	SW	Becky Day	Boxted Runners	30: 43				
43	V45	Lucilla Ashton	Orion Harriers	30: 45				
44	V45	Victoria Peacock	Thurrock Harriers	30: 46				
45	SW	Elouise Smith	Brentwood Running Club	30: 50				
46	V55	Alison Sale	Ilford AC	30: 51				
47	U20	Neve Gribble	Benfleet Running Club	30: 56				
48	SW	Louise Edwards	Braintree & District AC	31: 18				
49	V45	Rahana Islam	Guest	31: 20				
50	V55	Jodie Farrell	Thurrock Harriers	31: 25				
51	SW	Tina Golubeva	Pitsea Running Club	31: 29				
52	V45	Emily Pereria	Braintree & District AC	31: 32				
53	V40	Georgina Taylor	Loughton AC	31: 33				

54	V45	Hazel Greatbatch	Pitsea Running Club	31: 35
55	V45	Alison Killick	JBR Run and Tri	32: 05
56	SW	Laura Graham-Clare	Orion Harriers	32: 17
57	V60	Christine Deacon	Billericay Striders RC	32: 24
58	V40	Jacqueline Sutton	City of Southend AC	32: 42
59	V45	Karen West	Orion Harriers	32: 47
60	V45	Isobel Gowers	Springfield Striders RC	32: 49
61	V60	Christine Inch	Orion Harriers	32: 50
62	V55	Pauline Tester	Ilford AC	32: 53
63	SW	Emily Goodhew	Orion Harriers	33: 20
64	V45	Jane Irvin	Boxted Runners	33: 29
65	V55	Teresa Uscategui	Brentwood Running Club	33: 39
66	V45	Abigail Rayner	Grange Farm & Dunmow Runners	33: 40
67	V50	Joanne Ling	Billericay Striders RC	33: 43
68	V55	Donna Fisher	Springfield Striders RC	34: 08
69	V45	Hannah Sheikh	Ilford AC	34: 15
70	V45	Esther Wynn	Benfleet Running Club	34: 27
71	V55	Wendy Carter	Halstead RR	34: 47
72	V40	Katherine Jaggard	South Woodham Runners	35: 03
73	SW	Gracie Wade	Pitsea Running Club	35: 10
74	V55	Lorna Pettifer	Mid Essex Casuals	35: 19
75	V60	Elaine Tribley	Springfield Striders RC	35: 23
76	V40	Sarah Mills	Orion Harriers	35: 28
77	V40	Alison Taylor	Orion Harriers	35: 35
78	V45	Karen Beazeley	Springfield Striders RC	35: 40
79	V50	Kelly McClenaghan	Benfleet Running Club	35: 48
80	V40	Melanie Carrington	South Woodham Runners	35: 50
81	SW	Sam Lee	JBR Run and Tri	36: 06
82	V50	Mary Lloyd	Brentwood Running Club	36: 11
83	V60	Dianne Crisp	Ilford AC	36: 17
84	V55	Jo Pearce	Phoenix Striders	36: 31
85	V60	Jacque King	Boxted Runners	36: 34
86	V50	Sarah De Cristofano	Benfleet Running Club	36: 41
87	V50	Michelle Lock	South Woodham Runners	36: 43
88	V40	Charlotte King	Halstead RR	36: 50
89	SW	Jade Britton	Hockley Trail Runners	36: 57
90	V45	Marijke Van Eetvelde	Brentwood Running Club	37: 07
91	V45	Nadine Holland	Loughton AC	37: 20
92	V45	Sarah Mason	Castle Point Joggers	37: 33
93	V60	Jackie Green	JBR Run and Tri	37: 40
94	V50	Lesley Smart	Billericay Striders RC	37: 54
95	V55	Kathryn Scourfield	Billericay Striders RC	38: 13
96	V50	Treena	Halstead RR	38: 15
97	V55	Sally Kinsley	South Woodham Runners	38: 18
98	V55	Caz Wallis	Pitsea Running Club	38: 22
99	V45	Virginia Willis	Mid Essex Casuals	38: 26
100	V60	Lorraine Garnham	Halstead RR	38: 28
101	V55	Jane Wilcox	Boxted Runners	38: 29
102	V65	Julie Galea	Ilford AC	39: 03
103	V40	Katie Weir	Pitsea Running Club	39: 14
104	V55	Michelle Gordon	Castle Point Joggers	39: 19
105	V55	Frieda Keane	Ilford AC	39: 56
106	V55	Sarah Hemsworth	Castle Point Joggers	40: 10
107	V60	Linda Woodward	Castle Point Joggers	40: 17
108	V60	Gillian Walker	Boxted Runners	40: 37
109	SW	Lauren Ripton	Halstead RR	42: 21
110	V65	Gloria Bullen	Thurrock Harriers	42: 37
111	V70	Teresa Flannigan	East Essex Triathlon Club	43: 08
112	V60	Tracey Minton	Chelmsford AC	43: 20
113	V50	Lorraine Borley	Pitsea Running Club	44: 10
114	SW	Chloe White	Billericay Striders RC	44: 27

