

Chingford League Hog Hill

6th December 2020

The 4 races times combined - Women

Race	Pos	Number	First Name	Last Name	Age Cat	Club	Finish time	Real Time
4	1	614	Tash	Sheel	SW	LC	00:19:11	00:18:56
2	2	233	Sophie	Magson	SW	OH	00:20:03	00:19:03
4	3	618	Caoimhe	Fhogartaigh	W40	LC	00:19:31	00:19:16
1	4	28	Cyn	Cano	SW	TP	00:21:01	00:19:31
1	5	37	Alex	Baird	SW	TP	00:21:15	00:19:45
1	6	38	Cara	Huckstep	SW	TP	00:21:21	00:19:51
1	7	27	Emily	Jeanes	SW	TP	00:21:22	00:19:52
4	8	621	Jess	Lowe	SW	VP	00:20:36	00:20:21
3	8	518	Jenny	Heymann	W40	EM	00:20:36	00:20:21
4	10	613	Amy	White	SW	LC	00:20:42	00:20:27
4	11	632	Robin	Norton-Hale	W40	VP	00:21:01	00:20:31
4	12	633	hazel	Norton-Hale	SW	VP	00:21:04	00:20:34
1	13	36	Kat	Alpe	SW	TP	00:22:11	00:20:41
2	14	222	Karen	Murphy	W50	BA	00:21:14	00:20:44
2	15	240	Louise	Juby	W40	OH	00:22:21	00:20:51
4	16	635	Jo	Singer	W40	VP	00:21:24	00:20:54
2	17	239	Hannah	White	SW	OH	00:22:25	00:20:55
4	18	634	Sue	Bint	W40	VP	00:21:28	00:20:58
2	19	231	Roisin	Archer	W40	OH	00:22:13	00:21:13
1	20	42	Sameena	Ahmed	W40	IL	00:23:49	00:21:19
3	21	339	Zoila	Gilham-Fernandez	SW	EL	00:22:06	00:21:21
4	22	630	Angharad	Smith	W40	LC	00:21:57	00:21:27
1	23	138	Debbie	Coyle	W40	BR	00:24:29	00:21:29
2	24	290	Anna	Louis	W50	OH	00:24:31	00:21:31
2	25	246	Mary	Knapman	W40	LO	00:23:07	00:21:37
3	26	519	Ali	Trauttmansdorff	W40	ET	00:21:55	00:21:40
1	27	49	Anja	Greenwood	W40	TP	00:24:12	00:21:42
1	28	48	Emily	Clarke	SW	TP	00:24:36	00:22:06
3	29	534	Lee	Milne	W40	EM	00:22:40	00:22:10
1	30	45	Joanne	Reeves	W40	DA	00:24:45	00:22:15
2	31	232	Christine	Kennedy	W60	OH	00:23:18	00:22:18
1	32	60	Fiona	Hathaway	W40	TP	00:25:19	00:22:19
4	33	656	Hannah	Knight	SW	VP	00:23:28	00:22:28
4	34	662	Hazel	Reade	SW	EE	00:23:50	00:22:35
2	35	245	Lorna	Gaffney	W50	LO	00:24:07	00:22:37
1	36	55	Jordan	Hinds	SW	IL	00:25:46	00:22:46
2	37	251	Sarah	Boxer	W50	BA	00:24:17	00:22:47
3	38	333	Caroline	Frith	W40	EL	00:23:26	00:22:56
4	39	650	Kelly	Clark	W40	VP	00:24:00	00:23:00
4	40	667	Jenny	Newby	SW	VP	00:24:16	00:23:01
1	40	65	Robyn	Hamer	SW	TP	00:26:01	00:23:01
4	42	648	Annie	Trihan	SW	VP	00:24:02	00:23:02
1	43	73	Anna	Crawley	SW	IL	00:26:37	00:23:07
1	44	62	Breege	Nordin	W60	IL	00:26:14	00:23:14
4	45	668	Minna	Harrison	W50	VP	00:24:32	00:23:17
4	46	657	Yuan	Ren	SW	VP	00:24:26	00:23:26
1	47	68	Sue	Thomas	W50	TP	00:27:14	00:23:44
4	48	659	Dora	Scavello	SW	ED	00:24:45	00:23:45
1	49	70	Tracey	Sheehy	W40	DA	00:27:16	00:23:46
3	50	540	Claire	Cameron-Wagh	W40	EM	00:24:32	00:23:47
2	51	249	Lucy	Humphreys	SW	OH	00:25:19	00:23:49

4	52	673	Hayley	English	SW	LC	00:25:24	00:23:54
1	53	66	Katie	Prior	SW	TP	00:27:28	00:23:58
4	54	664	Denise	Watson	W40	LC	00:25:15	00:24:00
2	55	270	Wendy	Seymour	W40	LO	00:26:33	00:24:03
4	55	670	Jan	Hazirci	W50	ED	00:25:18	00:24:03
1	57	93	Alicia	Gray	SW	HW	00:28:36	00:24:06
4	58	674	Amanda	Jukes	SW	VP	00:26:00	00:24:30
4	59	680	Alexandra	Bartrope	W40	ED	00:26:12	00:24:42
1	60	82	Judy	Prior	W50	TP	00:28:45	00:24:45
2	60	256	Jennie	Ingrey	W50	OH	00:26:45	00:24:45
3	62	545	Ellie	Croxford	SW	EM	00:25:31	00:24:46
1	63	99	Alison	Sale	W50	IL	00:29:20	00:24:50
4	64	675	Joyce	Berry	W50	VP	00:26:27	00:24:57
2	65	248	Joanna	Elferink	SW	OH	00:26:29	00:24:59
1	66	81	Natalie	Treylan	W40	DA	00:29:02	00:25:02
1	67	98	Gaye	Vyver	W50	IL	00:29:35	00:25:05
3	68	709	Anne	Caspi	W60	MC	00:26:07	00:25:07
2	69	276	Kathryn	Ellis	SW	BA	00:27:38	00:25:08
3	70	405	Catriona	Hoult	W40	EL	00:26:10	00:25:10
3	71	707	Claire	Legge	SW	EM	00:26:11	00:25:11
2	72	259	Michelle	Hurley	W40	LO	00:27:15	00:25:15
2	73	257	Mary	Armitage	W50	OH	00:27:21	00:25:21
3	74	701	Ruth	Rose	SW	EM	00:26:23	00:25:23
2	75	269	Sharon	Palmer	W40	LO	00:27:56	00:25:26
1	75	88	Rahana	Islam	W40	DA	00:29:26	00:25:26
1	77	95	Susan	Munns	W50	HW	00:30:07	00:25:37
3	78	700	Jennifer	Moore	SW	MC	00:26:42	00:25:42
1	79	94	Louise	Marshall	SW	HW	00:30:13	00:25:43
3	80	550	Maud	Hodson	W40	EM	00:26:46	00:25:46
3	81	546	Gail	Hennessey	W60	EM	00:26:34	00:25:49
1	82	146	Belinda	Riches	W40	BR	00:29:50	00:25:50
4	83	677	Tonya	Babb	W50	ED	00:27:25	00:25:55
4	84	676	Ai Seng	Paul	W60	ED	00:27:31	00:26:01
4	85	682	Ruth	Hardy	SW	LC	00:27:48	00:26:03
2	86	271	Karen	Allworthy	W60	OH	00:28:45	00:26:15
2	87	273	Sarah	Mills	W40	OH	00:29:13	00:26:43
3	88	706	Janine	Durrant	W40	EM	00:27:53	00:26:53
2	89	267	Amie	Harrison	SW	LO	00:29:31	00:27:01
1	89	110	Emma	Dudman	W40	DA	00:31:46	00:27:01
4	91	678	Philippa	Cockman	W60	VP	00:28:36	00:27:06
4	92	686	Sarah	Lyll	SW	ED	00:28:58	00:27:13
3	93	708	Mala	Singh	W40	EM	00:28:21	00:27:21
4	94	684	Amy	Blackburn-Lau	SW	VP	00:29:40	00:27:55
1	95	111	Rosina	Salmon	W50	DA	00:32:50	00:28:05
2	96	281	Laura	Fernandez	W50	LO	00:31:10	00:28:10
3	97	717	Sian	Williams	SW	EM	00:29:28	00:28:13
4	98	685	Helen	Gill	W40	ED	00:29:59	00:28:14
2	99	282	Melanie	Peddle	W50	LO	00:31:20	00:28:20
3	100	715	Louise	Taylor	W40	EM	00:29:36	00:28:21
4	101	683	Sarah	Knox	W50	VP	00:30:11	00:28:26
4	102	679	Emma	Larkin	SW	VP	00:29:59	00:28:29
1	103	103	Julia	Galea	W60	IL	00:33:01	00:28:31
1	104	109	Louise	Chappell	W40	DA	00:33:22	00:28:37
2	105	283	Caroline	Ford	W40	LO	00:31:50	00:28:50
3	106	413	Isabella	Allan	SW	EL	00:30:13	00:28:58

2	107	268	Hannah	Davis	SW	LO	00:31:29	00:28:59
1	108	113	Christine	Hawker	W50	TP	00:33:47	00:29:02
2	109	287	Nadine	Holland	W40	LO	00:32:12	00:29:12
3	110	716	Hayley	Dalton	W40	EM	00:30:45	00:29:30
2	111	285	Deborah	Davies	W50	LO	00:32:44	00:29:44
1	112	119	Frieda	Keane	W50	IL	00:34:48	00:29:48
1	113	104	Pramila	Monro	W40	IL	00:34:30	00:30:00
1	114	295	Helen	Ayers	SW	BR	00:35:02	00:30:17
2	115	278	Anna	Murray	W50	BA	00:33:28	00:30:28
2	116	280	Lynne	Wakinshaw	W40	OH	00:33:42	00:30:42
3	117	420	Alexandra	Rutishauser-Perera	W40	EL	00:32:00	00:30:45
1	118	117	Timi	Veerasamy	W60	DA	00:35:38	00:30:53
2	119	291	Mary	Johnson	W40	OH	00:34:37	00:31:37
3	120	724	Angela	McDermott	W40	ET	00:33:23	00:32:08
3	121	711	Clare	Hirst	W40	ET	00:33:44	00:32:44
4	122	690	Han	Cherry	W40	EE	00:34:54	00:33:09
1	123	293	Alison	Fryatt	W50	BR	00:38:44	00:33:44
2	124	286	Michaela	Davis	W50	LO	00:36:52	00:33:52
1	125	131	Kim	Baxter	W60	IL	00:38:53	00:33:53
3	126	723	Dawn	Hunter	W50	ET	00:36:12	00:34:57
4	127	688	Susie	Dutoit	SW	ED	00:37:04	00:35:19
4	128	691	Dini	Patel	W60	EE	00:37:12	00:35:27
1	129	132	Sonya	Byers	W40	DA	00:43:38	00:38:38

The 4 races times combined - Men

Race	Pos	Number	First Name	Last Name	Age Cat	Club	Finish time	Real Time
4	1	601	Matt	Speed	SM	LC	00:16:29	00:16:29
2	2	203	Nick	Harris-Fry	SM	OH	00:16:38	00:16:38
4	3	607	Stephen	Fabes	M40	VP	00:16:44	00:16:44
1	4	2	Alex	Richards	SM	IL	00:16:51	00:16:51
1	5	5	Charlie	Bruce	M40	TP	00:16:54	00:16:54
4	6	603	Josselin	Polini	SM	VP	00:16:58	00:16:58
1	7	3	Tom	Gardner	SM	IL	00:17:00	00:17:00
2	8	202	George	Day	SM	OH	00:17:06	00:17:06
1	9	6	Raul	Simmons Perez	SM	TP	00:17:15	00:17:15
1	10	4	Jim	Arrowsmith	M40	TP	00:17:18	00:17:18
4	11	602	Ben	Wickham	M40	VP	00:17:21	00:17:21
2	12	205	Gary	Pelosi	SM	BA	00:17:23	00:17:23
4	13	600	Will	Kirk	SM	VP	00:17:25	00:17:25
2	14	200	Thomas	Beedell	SM	WG	00:17:28	00:17:28
2	15	201	Simon	Beedell	SM	WG	00:17:40	00:17:40
1	16	14	Luke	Barker	SM	TP	00:18:13	00:17:43
2	16	211	Richard	Smith	SM	OH	00:17:43	00:17:43
1	18	7	Rhys	Edwards	SM	IL	00:17:45	00:17:45
1	19	21	Christopher	King	SM	HW	00:18:17	00:17:47
2	20	208	Michael	McTernan	SM	OH	00:17:52	00:17:52
4	21	609	Peter	Cole	SM	ED	00:17:54	00:17:54
2	22	212	Mike	Roberts	SM	OH	00:17:55	00:17:55
2	23	215	Bob	Glasgow	M40	OH	00:18:26	00:17:56
3	24	309	John	Henry	M40	EL	00:17:57	00:17:57
2	25	207	Adam	Baker	M40	OH	00:17:59	00:17:59
3	26	502	Norris	Chris	SM	EM	00:18:00	00:18:00
1	27	16	Gary	Coombes	M40	IL	00:18:32	00:18:02

3	28	501	James	Pilch	M40	EM	00:18:03	00:18:03
2	29	206	George	Happe	SM	OH	00:18:05	00:18:05
4	30	615	David	Jones	SM	VP	00:18:22	00:18:07
3	31	308	Tom	Howourth	SM	EL	00:18:12	00:18:12
1	32	135	Jack	Nixon	SM	BR	00:19:47	00:18:17
2	32	210	David	Wilson	SM	OH	00:18:17	00:18:17
3	34	517	Simon	Cottle	M40	EM	00:18:35	00:18:20
3	35	306	Patrick	Brown	SM	EL	00:18:20	00:18:20
1	36	19	Paul	Holloway	M50	IL	00:18:51	00:18:21
1	37	10	Ben	Allen	SM	TP	00:18:21	00:18:21
3	38	514	Alex	Taylor	SM	EM	00:18:38	00:18:23
1	39	9	Scott	Aiken	M50	TP	00:18:25	00:18:25
1	40	11	Steve	Moss	M40	TP	00:18:26	00:18:26
3	40	310	Robert	Spread	M40	EL	00:18:26	00:18:26
2	42	214	Gareth	Allen	SM	OH	00:19:02	00:18:32
4	42	610	Chris	Speed	SM	LC	00:18:32	00:18:32
3	44	311	Fabrizio	Stefanoni	M40	EL	00:18:33	00:18:33
4	45	611	Reuben	Forte-Wells	SM	LC	00:18:35	00:18:35
4	46	604	Calvin	Mullings	SM	LC	00:18:35	00:18:35
4	47	606	Owen	Hughes	SM	VP	00:18:38	00:18:38
1	48	13	Paul	Brennan	M40	TP	00:18:46	00:18:46
4	49	620	Andrew	Shreeve	M40	LC	00:19:03	00:18:48
4	50	605	Gavin	Lau	SM	VP	00:18:48	00:18:48
2	51	218	Will	Morris	SM	BA	00:19:22	00:18:52
2	52	221	Alex	Horton	SM	BA	00:19:26	00:18:56
3	53	503	Simon	Fitzmaurice	SM	MC	00:18:58	00:18:58
3	54	513	Jerome	Francis	SM	EM	00:19:15	00:19:00
1	55	24	Kamran	Ezel	SM	TP	00:19:31	00:19:01
1	56	18	Danny	Holeyman	M40	IL	00:19:32	00:19:02
3	57	505	Neill	Whittaker	M40	ET	00:19:03	00:19:03
1	58	8	Sam	Rahman	SM	IL	00:19:05	00:19:05
4	59	608	Ilia	Loubenski	M40	ED	00:19:06	00:19:06
2	59	213	Donald	Bennet	SM	OH	00:19:36	00:19:06
3	61	515	Thomas	Swanson	M40	ET	00:19:23	00:19:08
3	62	512	George	Fernandez	SM	EM	00:19:24	00:19:09
1	63	25	Jason	Maloney	M40	TP	00:19:40	00:19:10
4	63	619	Ed	Ballard	SM	LC	00:19:25	00:19:10
1	65	17	Stephen	Philcox	M50	IL	00:19:40	00:19:10
3	66	307	Joseph	Gunn	SM	EL	00:19:16	00:19:16
1	67	44	Patrick	Thoeung	M40	HW	00:21:54	00:19:24
1	68	34	Andy	Betton	M40	TP	00:20:57	00:19:27
2	69	228	Tony	Pamphilon	M60	WG	00:20:28	00:19:28
1	70	22	Nigel	Swinburn	M40	DA	00:20:01	00:19:31
4	70	612	Joe	Jenkinson	SM	LC	00:19:46	00:19:31
1	72	137	Paul	Withyman	SM	BR	00:22:03	00:19:33
4	73	617	James	Barnard	SM	EE	00:19:51	00:19:36
1	74	29	Jonny	Le Roux	M40	HW	00:21:17	00:19:47
4	75	627	Andrew	Melrose	SM	LC	00:20:19	00:19:49
4	76	623	Dominic	Wilde	SM	ED	00:20:04	00:19:49
2	77	227	Jolyon	Everitt	M40	WG	00:20:50	00:19:50
2	78	226	Tim	Wright	M50	OH	00:20:55	00:19:55
1	79	40	Adam	Walker	M40	TP	00:22:26	00:19:56
4	79	616	Hugh	Murdoch	SM	VP	00:20:11	00:19:56
3	81	504	Jonathan	Thompson	M40	MC	00:19:57	00:19:57
1	82	23	Peter	Salmon	M50	DA	00:20:28	00:19:58

4	82	636	James	Hirst	SM	VP	00:20:43	00:19:58
1	84	52	Haydn	Newland	SM	IL	00:22:28	00:19:58
2	85	224	Scott	Kyson	M40	WG	00:20:36	00:20:06
4	86	644	In-Yong	Hwang	SM	EE	00:20:53	00:20:08
1	87	61	Diarmuid	MacDonnell	M40	IL	00:23:11	00:20:11
3	88	322	Mark	Moir	SM	EL	00:20:29	00:20:14
4	89	637	David	Warwick	M40	VP	00:21:05	00:20:20
3	89	331	Alexander	Ward	SM	EL	00:20:50	00:20:20
4	91	639	Tony	Lashmar	M40	VP	00:21:10	00:20:25
1	92	35	Paul	Ward	M50	TP	00:22:07	00:20:37
2	93	223	Richard	Holland	M60	WG	00:21:08	00:20:38
4	94	642	Encho	Pramatarov	SM	ED	00:21:26	00:20:41
2	95	229	Steve	Palmer	M40	LO	00:21:44	00:20:44
1	96	32	Luke	Bowie	M40	TP	00:22:15	00:20:45
1	97	53	Edwin	Coutts	M40	TP	00:23:45	00:20:45
2	98	225	Jon	Whitehouse	M40	LO	00:21:16	00:20:46
2	99	243	David	Mills	M50	LO	00:22:18	00:20:48
4	100	628	Ashley	Hassell	SM	LC	00:21:21	00:20:51
3	101	524	David	Cato	M40	EM	00:21:26	00:20:56
4	102	653	Jamie	Zucker	SM	EE	00:21:59	00:20:59
2	103	230	Colin	Smith	M40	OH	00:22:02	00:21:02
1	104	54	Terry	Knightley	M60	IL	00:24:03	00:21:03
4	105	652	James	Jackson	SM	EE	00:22:06	00:21:06
3	106	527	Robert	Sommerville	M50	EM	00:21:39	00:21:09
2	107	234	Paul	Thornton	M40	OH	00:22:11	00:21:11
4	108	640	Russell	Toone	M50	VP	00:21:59	00:21:14
1	109	33	Stuart	Manktelow	M50	TP	00:22:46	00:21:16
2	110	236	Matthew	Gibson	SM	BA	00:22:17	00:21:17
3	111	316	James	Nichols	SM	EL	00:21:37	00:21:22
4	112	629	James	Screen	SM	LC	00:21:54	00:21:24
2	113	242	Alan	Fricker	M40	LO	00:22:56	00:21:26
1	114	139	Martin	Page	M60	BR	00:24:31	00:21:31
4	114	643	Mike	Babb	M50	ED	00:22:16	00:21:31
3	116	525	Russ	Jones	M50	EM	00:22:03	00:21:33
4	116	622	Paul	Mee	M50	VP	00:21:48	00:21:33
2	118	244	Mark	Fox	M40	LO	00:23:06	00:21:36
2	119	247	Dave	Brock	M60	OH	00:23:13	00:21:43
1	120	56	Colin	Jones	M50	DA	00:24:46	00:21:46
2	121	241	James	Lambden	M50	LO	00:23:18	00:21:48
2	122	254	Boon	Wu	SM	BA	00:23:49	00:21:49
4	123	645	Matthew	Ward	SM	EE	00:22:35	00:21:50
4	124	663	Carl	Finch	SM	EE	00:23:07	00:21:52
4	125	654	Mat	Barber	M40	LC	00:22:53	00:21:53
1	126	47	Martin	Cullen	M50	TP	00:24:25	00:21:55
4	127	631	Nick	Sutcliffe	M50	LC	00:22:28	00:21:58
4	128	625	Mon	James	M50	ED	00:22:32	00:22:02
1	129	50	Ed	Simmons	M50	TP	00:24:41	00:22:11
1	130	51	Richard	Allen	M40	TP	00:24:49	00:22:19
1	131	63	Tony	Panton	M40	HW	00:25:21	00:22:21
3	132	330	William	O'Donoghue	SM	EL	00:22:54	00:22:24
2	133	250	Andrew	Flemming	M40	BA	00:23:56	00:22:26
1	134	140	Paul	Ward	M40	BR	00:25:28	00:22:28
1	135	77	Mick	Brown	M50	HW	00:26:02	00:22:32
4	136	647	Paul	Dodounou	M40	LC	00:23:19	00:22:34
3	137	537	Graeme	Bell	M40	ET	00:23:20	00:22:35

1	138	75	Anthony	Young	M50	IL	00:26:07	00:22:37
3	139	542	Daniel	Lewis	M40	MC	00:23:33	00:22:48
4	139	658	Andrew	Smith	SM	VP	00:23:48	00:22:48
1	141	72	Billy	Walkington	M40	DA	00:26:25	00:22:55
4	141	655	Thom	Jenkinson	SM	LC	00:23:55	00:22:55
3	143	535	David	Nelson	SM	MC	00:23:32	00:23:02
2	144	255	Peter	Ellis	M60	BA	00:25:04	00:23:04
1	145	80	Tom	Sargent	SM	DA	00:27:07	00:23:07
2	146	238	Steve	Bennett	M50	OH	00:24:14	00:23:14
4	147	671	Nick	Dines	M40	ED	00:24:49	00:23:34
3	148	344	Michael	Wilson	M60	EL	00:24:26	00:23:41
1	149	143	Rory	Burr	SM	BR	00:27:14	00:23:44
1	150	141	Ron	Vialls	M60	BR	00:26:48	00:23:48
4	151	669	Gigi	Giannella	M40	VP	00:25:05	00:23:50
1	152	74	Andy	Catton	M60	IL	00:27:30	00:24:00
2	153	252	Rob	Suddaby	SM	BA	00:26:11	00:24:11
2	154	260	John	Stubbs	SM	LO	00:26:16	00:24:16
2	155	258	Paul	Williams	M50	OH	00:26:18	00:24:18
1	156	89	Tony	Woodgate	M50	DA	00:28:24	00:24:24
4	157	672	Adam	Shaikh	M50	EE	00:26:01	00:24:31
1	158	79	Richard	Haidon	SM	DA	00:28:32	00:24:32
2	159	263	Cliff	Warren	M50	LO	00:26:33	00:24:33
3	160	343	Stuart	Norris	SM	EL	00:27:04	00:24:34
3	161	528	Richard	Seddon	SM	ET	00:25:05	00:24:35
4	162	660	Gareth	Jones	M50	ED	00:25:53	00:24:38
1	163	84	Mick	Green	M50	TP	00:29:00	00:25:00
3	164	480	Adrian	Frost	M60	EM	00:27:40	00:25:10
1	165	97	Martin	Hawker	M40	HW	00:29:44	00:25:14
3	166	703	Patrick	Farren	M50	ET	00:26:19	00:25:19
1	167	102	Stephen	Cheal	M60	IL	00:29:58	00:25:28
2	168	261	Gary	Hooper	M50	LO	00:27:30	00:25:30
3	168	532	Michael	Loiacono	M40	ET	00:26:00	00:25:30
1	170	76	Bradley	Skingle	SM	HW	00:29:02	00:25:32
1	171	71	Joe	Jarman	SM	DA	00:29:16	00:25:46
1	172	90	John	Power	M50	DA	00:29:48	00:25:48
2	173	274	David	Scott	M50	BA	00:28:33	00:26:03
4	174	661	Shreeraj	Laturia	M40	EE	00:27:20	00:26:05
1	175	100	Rob	Sargent	M60	IL	00:30:59	00:26:29
1	176	144	Jason	Li	M50	BR	00:30:58	00:26:58
2	177	253	Liam	O'Hare	M70	BA	00:28:59	00:26:59
2	178	265	Jon	Brown	M50	LO	00:29:32	00:27:02
1	179	145	Mick	Davison	M60	BR	00:31:14	00:27:14
1	180	106	Mike	Westmore	M50	HW	00:32:01	00:27:16
3	181	710	Alon	Caspi	M60	MC	00:28:18	00:27:18
1	182	107	John	Hughes	M50	DA	00:32:05	00:27:20
1	183	91	Michael	Pegnal	M40	DA	00:31:31	00:27:31
1	184	108	Jason	Manning	M40	DA	00:32:17	00:27:32
1	185	105	Alan	Woodroof	M60	HW	00:32:20	00:27:35
1	186	96	Christopher	Madell	M	HW	00:32:09	00:27:39
3	187	722	Timothy	Stodell	M40	ET	00:29:23	00:28:08
1	188	147	Martin	Mason	M70	BR	00:33:06	00:28:21
1	189	41	Bradley	Brown	M40	IL	00:31:17	00:28:47
3	190	412	Imran	Mustak	SM	EL	00:31:10	00:29:55
2	191	277	Steve	Holmes	M50	BA	00:32:34	00:30:04
4	192	689	David	Elsom	M60	EE	00:32:01	00:30:16

2	193	279	Graham	Barnett	M60	BA	00:35:15	00:32:15
4	194	687	Richard	Jones	M40	LC	00:34:29	00:32:44
1	195	150	Dennis	Spencer-Perkins	M60	BR	00:38:16	00:33:16
2	196	288	Simon	Cooper	M60	BA	00:36:20	00:33:20
1	197	130	Allan	Munns	M60	HW	00:38:59	00:33:59
1	198	148	Rob	Courtier	M60	BR	00:39:20	00:34:35
1	199	292	Kresh	Veerasingam	M40	BR	00:43:39	00:38:39
1	200	294	Micky	Ball	M70	BR	00:46:30	00:41:30