

Chingford League Race 4 Men

Olympic Park 11th December 2019

Pos	Number	First	Last	CLAgeCa	WAgeCa	RaceTime	ClubAWName
1	632	Euan	Brown	S	SM	16:09	ELR
2	1306	Andrew	Barrington	S	SM	16:12	VPH&TH
3	1364	Mathew	Stevens	S	M35	16:19	VPH&TH
4	1309	Stephen	Fabes	S	SM	16:20	VPH&TH
5	682	Liviu	Ionita	S	SM	16:26	ELR
6	1369	Carl	Selya-Hammer	S	SM	16:35	VPH&TH
7	1303	David	Jones	S	SM	16:42	VPH&TH
8	633	Patrick	Brown	S	SM	16:50	ELR
9	823	James	Hutchinson	S	SM	16:52	Eton M
10	707	Jack	Henson	S	SM	16:52	ELTri
11	1125	George	Day	S	SM	16:52	Orion
12	1355	James	Bewley	S	SM	16:52	VPH&TH
13	1357	Zak	Knill	S	SM	16:56	VPH&TH
14	1390	Dasos	Gonnella	S	SM	16:58	WG&EL
15	1108	Brian	Jenkins	S	SM	16:59	Orion
16	1111	Adam	Baker	V	M45	17:01	Orion
17	809	Sam	Anderson	S	SM	17:06	Eton M
18	832	Gary	Towers	V	M45	17:12	Eton M
19	1362	Joe	Dale	S	SM	17:28	VPH&TH
20	1136	Matt	Woodman	V	M40	17:29	Orion
21	808	Paul	Boddey	V	M40	17:35	Eton M
22	1204	Ben	Allen	S	SM	17:36	Trent PR
23	819	James	Pilch	S	SM	17:36	Eton M
24	1151	James	Cheseldine	S	SM	17:38	Orion
25	1340	Dave	Finch	V	M45	17:41	VPH&TH
26	1333	Simeon	Bennett	V	M40	17:49	VPH&TH
27	1281	Neil	Cook	V	M40	17:55	VPH&TH
28	1100	Bob	Glasgow	V	M40	17:56	Orion
29	681	John	Henry	V	M40	17:57	ELR
30	1368	Duncan	Steen	S	SM	18:04	VPH&TH
31	1310	Rob	Blair	V	M40	18:08	VPH&TH
32	1134	William	Breese	S	SM	18:09	Orion
33	1317	Martin	Vandemersch	S	SM	18:10	VPH&TH
34	717	Liam	O'Mahoney	S	SM	18:15	ELTri
35	836	Simon	Cottle	S	SM	18:16	Eton M
36	621	Billy	Rayner	S	SM	18:18	ELR
37	1330	Gavin	Lau	S	SM	18:20	VPH&TH
38	1300	Ian	Weir	V	M40	18:20	VPH&TH
39	725	Ben	Thompson	V	M40	18:22	ELTri
40	1374	Alan	Smith	S	SM	18:28	VPH&TH
41	708	Neill	Whittaker	V	M40	18:32	ELTri
42	506	Ilia	Loubenski	V	M45	18:35	Edmon
43	1371	Andre	Dahlkamp	V	M45	18:39	VPH&TH
44	718	Simon	Laver	V	M45	18:41	ELTri
45	1392	Paul	Manson	S	M35	18:42	WG&EL
46	1367	Kevin	Long	V	M40	18:48	VPH&TH
47	811	David	Cato	V	M40	18:49	Eton M
48	1328	George	Long	S	SM	18:50	VPH&TH

49	559	Matt	Ward	S	SM	18:50	EERR
50	1332	Hugh	Murdoch	S	SM	18:52	VPH&TH
51	1198	Henry	Giddens	S	SM	18:55	Orion
52	657	James	Nichols	S	SM	19:16	ELR
53	683	Med	Dahbi	W	M50	19:17	ELR
54	556	Ian	Pithouse	S	M35	19:18	EERR
55	834	Chris	Yates	S	SM	19:22	Eton M
56	607	Mark	Moir	S	SM	19:25	ELR
57	916	Ashley	Hassell	S	SM	19:26	Lon City
58	853	Adam	Bartlett	S	SM	19:26	Hwood
59	859	Patrick	Thoeung	V	M45	19:27	Hwood
60	833	Tom	Ward	V	M40	19:28	Eton M
61	1359	Stu	Lascalles	W	M50	19:31	VPH&TH
62	1137	Neil	McGoun	S	SM	19:36	Orion
63	1380	Tim	Murray	V	M45	19:37	VPH&TH
64	1113	Buddy	Green	S	SM	19:40	Orion
65	709	Justin	McDermott	V	M45	19:40	ELTri
66	1319	Joseph	Lukwago	S	SM	19:40	VPH&TH
67	1372	Andrew	Crossley	S	SM	19:44	VPH&TH
68	907	Robert	Foot	S	SM	19:48	Lon City
69	715	Hefin	Davies	S	SM	19:49	ELTri
70	813	Dave	Daugirda	W	M55	19:58	Eton M
71	978	Steve	Palmer	V	M45	20:00	Lought
72	1109	John	Sable	S	SM	20:03	Orion
73	481	Joel	Denning	V	M40	20:07	Dag88
74	1003	James	Lambden	W	M55	20:14	Lought
75	1152	Roy	Perrott	V	M45	20:16	Orion
76	623	Nick	Clarke	S	SM	20:18	ELR
77	1104	Dan	Green	W	M50	20:19	Orion
78	642	Stuart	Hodson	J	U18M	20:23	ELR
79	810	Rob	Sommerville	W	M50	20:25	Eton M
80	705	Michael	Loiacono	V	M45	20:31	ELTri
81	713	Pete	Dyer	V	M45	20:33	ELTri
82	619	Jacob	Stevens	V	M40	20:34	ELR
83	601	Karan	Gadhia	S	SM	20:39	ELR
84	835	Richard	Parr	S	SM	20:41	Eton M
85	304	Des	Michael	X	M65	20:48	Barnet
86	667	Amit	Marks	V	M40	20:51	ELR
87	618	Warren	Ibrahim	V	M45	20:57	ELR
88	1287	Tim	Miller	W	M50	20:59	VPH&TH
89	806	John	Black	X	M60	21:02	Eton M
90	1365	David	Warwick	V	M45	21:10	VPH&TH
91	1329	Gavriel	Hollander	V	M40	21:10	VPH&TH
92	1107	Colin	Smith	V	M40	21:11	Orion
93	636	Mounir	Dahbi	S	SM	21:14	ELR
94	663	Jimmy	Dale	S	SM	21:15	ELR
95	525	Simon	Harrison	W	M50	21:17	Edmon
96	831	Trevor	East	V	M45	21:17	Eton M
97	662	Nick	Hoult	V	M45	21:21	ELR
98	1093	Edward	Lunn	J	U20M	21:26	Orion
99	475	Jason	Suddaby	V	M40	21:29	Dag88
100	995	David	Mills	W	M55	21:30	Lought

101	1239	Edwin	Coutts	V	M40	21:31	Trent PR
102	609	Peter	Hatley	V	M45	21:34	ELR
103	631	Calvin	Bobin	X	M60	21:36	ELR
104	1095	Paul	Thornton	V	M40	21:37	Orion
105	549	Mike	Babb	W	M50	21:37	Eton M
106	557	Adam	Shaikh	W	M50	21:38	EERR
107	1358	Declan	Phelan	W	M55	21:41	VPH&TH
108	385	James	Hall	S	SM	21:47	Bark RR
109	1139	Ben	Fisher	V	M40	21:49	Orion
110	660	Regis	Martin	V	M45	21:50	ELR
111	701	Paul	Dominguez	V	M45	21:59	ELTri
112	981	Mark	Fox	V	M40	22:01	Lought
113	911	Diego	Fayos	V	M45	22:01	Lon City
114	674	Clive	Stephenson	X	M60	22:02	ELR
115	1118	Gary	Bartlett	W	M55	22:04	Orion
116	856	Mick	Brown	W	M50	22:08	Hwood
117	994	Richard	Berry	V	M45	22:11	Lought
118	1339	Simon	Bonner	V	M40	22:18	VPH&TH
119	1354	Aneirin	Glyn	V	M40	22:22	VPH&TH
120	1236	Marcus	De Freitas	W	M50	22:23	Trent PR
121	670	Grant	Conway	W	M50	22:30	ELR
122	1149	Dominic	Kearns	S	U20M	22:38	Orion
123	555	Solly	Lazar	V	M45	22:49	EERR
124	917	Roland	Fleck	V	M45	22:50	Lon City
125	456	Gary	Cardnell	X	M60	22:56	Dag88
126	1351	Andrew	Smith	S	M35	23:09	VPH&TH
127	986	Ben	Joyce	S	SM	23:12	Lought
128	723	Tom	Dane	V	M40	23:15	ELTri
129	710	Graham	Bell	V	M40	23:19	ELTri
130	1301	Gerry	Akrigg	W	M50	23:24	VPH&TH
131	672	Samir	Younsi	V	M45	23:42	ELR
132	616	Michael	Wilson	W	M55	23:42	ELR
133	558	Nick	Gorman	W	M55	23:59	EERR
134	1079	Paul	Williams	W	M55	24:03	Orion
135	625	Andrew	Howard	W	M55	24:08	ELR
136	476	Manji	Gami	W	M50	24:10	Dag88
137	1026	David	Nelson	S	SM	24:20	Mchasers
138	678	Martin	Quinlan	V	M45	24:35	ELR
139	488	Ian	Cummins	W	M50	24:38	Dag88
140	634	Alex	Jameson	V	M45	24:42	ELR
141	552	Marc	Upton	V	M45	24:49	EERR
142	871	Keith	Turner	V	M45	24:51	Hwood
143	467	Michael	Pegnall	S	SM	24:58	Dag88
144	895	Gurjit	Bansal	S	SM	25:17	Hwood
145	307	John	Owen	X	M75	25:34	Barnet
146	826	Lance	Tabraham	W	M55	25:35	Eton M
147	303	David	Scott	W	M55	25:52	Barnet
148	471	John	Hughes	W	M50	25:54	Dag88
149	453	Andrew	Beazeley	V	M40	26:57	Dag88
150	386	Jason	Li	V	M45	27:07	Bark RR
151	905	Richard	Jones	V	M45	27:16	Lon City
152	388	Nehal	Patel	S	SM	27:31	Bark RR

153	302	Steve	Holmes	W	M50	27:56	Barnet
154	1117	Pete	Bulaitis	X	M65	28:17	Orion
155	726	Pepe	O'Mahoney	S	SM	29:06	ELTri
156	830	Paul	Manson	S	SM	30:36	Eton M
157	675	Frank	Brownlie	X	M65	32:36	ELR
158	1235	Stuart	Ramdhanie	W	M50	00:43:42	Trent PR
159	467	Michael	Pegnall	S	SM	00:43:50	Dag88
160	1224	Andrew	Dench	W	M50	00:44:27	Trent PR
161	646	John	Healy	V	M45	00:44:37	ELR
162	1231	Gino	Fantoni	W	M55	00:45:05	Trent PR
163	476	Manji	Gami	W	M50	00:45:14	Dag88
164	1203	Domenico	Romanelli	X	M60	00:45:23	Trent PR
165	827	Gabriel	Ellenberg	X	M60	00:45:57	Eton M
166	905	Richard	Jones	V	M45	00:46:01	Lon City
167	336	Kerry	Rochester	W	M55	00:46:49	Barnet
168	314	Milan	Balaz	W	M55	00:46:55	Barnet
169	302	Steve	Holmes	W	M50	00:47:04	Barnet
170	1349	Frank	Merrigan	X	M60	00:47:18	VPH&TH
171	826	Lance	Tabraham	W	M55	00:47:34	Eton M
172	388	Nehal	Patel	S	SM	00:47:37	Bark RR
173	386	Jason	Li	V	M45	00:47:40	Bark RR
174	812	Geoff	Nicholls	X	M65	00:49:01	Eton M
175	1225	David	Paul	X	M70	00:49:28	Trent PR
176	471	John	Hughes	W	M50	00:49:46	Dag88
177	381	Leslie	Jay	X	M65	00:53:28	Bark RR
178	1200	Duncan	Bensted	W	M55	00:57:28	Trent PR
179	906	Paul	Dodounou	V	M45	01:07:32	Lon City