



Female Junior Track, Field and Road Records

Track events

Event	U13	U15	U17	U20
100m	G Bennett 13.0	J Ryan 13.4	J Ryan 12.8	J Ryan 12.2
200m	G Bennett 27.6	J Ryan 27.6	J Ryan 25.6	J Ryan 24.5/24.58
300m		-	J Ryan 40.7	-
400m	G Bennett 67.5	G Wicks 66.9	J Ryan 60.3	J Ryan (U17) 60.3
800m	G Wicks 2:30.2	G Bennett 2:30.3	A Clark (U17) 2:17.52	A Clark (U17) 2:17.52
1500m	D Ward 5:23.2	A Hardy 5:16.5	A Clark 4:49.55	A Clark (U17) 4:49.55
3000m			S Slade 11:13.5	M Hobbs 12:49.6
5000m			M Hobbs 22:21	
10000m				A Hardy 47:29.1
Sprint hurdles	G Bennett 12.3 (70m)	O Bliss 13.6 (75m)	K Browne 14.7 (80m)	K Browne 20.1 (100m)
400mH/300mH			A Harrison 52.3 (300m)	J Palmer 74.0 (400m)
1500m s/c			E Knapman 6:37.3	
2000m s/c			E Knapman 9:21.8	
4 x 100m	59.7	56.7	56.4	
4 x400m			5:35.5	

Field events

Event	U13	U15	U17	U20
Shot				N Brown 9.91
Discus				P Brown 35.08
Javelin				C Real 23.27
Hammer				C Higgins 23.92
High Jump			E Knapman 1:40	
Long Jump				M Hobbs 4:43
Triple Jump				M Hobbs 9:59
Pole Vault				
Pentathlon				

Road events*

Event	U15	U17	U20
5km	C Palmer 22:00	C Palmer 20:21	
5 miles	n/a		
10km	n/a		

*official recording began in 2023 but records are back dated where times are available.