

Essex Cross Country League (5)

<u>Writtle University College</u>			<u>Senior Men</u>	<u>19/02/2022</u>	
Pos	Age	Name	Team	Time	Division 1 Teams (6 to score)
1	SM	Jack Gray	Cambridge & Coleridge AC	27: 59	1 Havering AC 96
2	SM	James Connor	Havering AC	28: 41	2 Southend-on-Sea AC 138
3	SM	Ben Felton	Chelmsford AC	29: 23	3 Thurrock Harriers 144
4	V40	Rob Warner	Havering AC	25	4 Braintree & District AC 183
5	SM	James Stewart	Havering AC	32	5 Chelmsford AC 184
6	SM	Callum Gillet	Braintree & District AC	51	6 Ilford AC 242
7	SM	Kurtis Swan	Braintree & District AC	57	7 Colchester Harriers AC 267
8	SM	David Fewell	Chelmsford AC	30: 00	8 Billericay Striders RC 307
9	U20	Taite Wallis	Billericay Striders RC	02	9 Springfield Striders RC 343
10	SM	Rhys Gillard	Southend-on-Sea AC	05	10 Benfleet Running Club 516
11	SM	John Middlemist	Colchester Harriers AC	12	11 Orion Harriers 556
12	SM	Taylor Newell	Thurrock Harriers	19	
13	U20	Max Stapleton	Southend-on-Sea AC	22	<b>Division 2 Teams (6 score)</b>
14	SM	Conor Culham	Braintree & District AC	28	1 Mid Essex Casuals 636
15	SM	Ben Prior	Thurrock Harriers	30	2 Boxted Runners 684
16	V40	Paul Grange	Ilford AC	37	3 Phoenix Striders 694
17	SM	Tom Bedell	Brentwood Running Club	42	4 Pitsea Running Club 730
18	SM	Luke Fitz-John	Springfield Striders RC	31: 00	5 JBR Run and Tri 879
19	U20	Luke Randall	Southend-on-Sea AC	22	6 Tiptree Road Runners 530 (4)
20	U20	Harchander Dhillon	Thurrock Harriers	22	7 Hockley Trail Runners 568 (4)
21	V45	Malcolm Muir	Ilford AC	30	8 Basildon AC 577 (4)
22	U20	Innes Fullerton	Braintree & District AC	44	9 Halstead RR 379 (3)
23	SM	Kieran O'Hara	Havering AC	53	10 Cambridge & Coleridge AC 57 (2)
24	V45	Jason Lendon	Havering AC	56	11 Loughton AC 188 (2)
25	SM	Shane Boxall	Southend-on-Sea AC	32: 05	12 Brentwood Running Club 17 (1)
26	U20	Tom Woodward	Chelmsford AC	14	13 Witham Running Club 82 (1)
27	V45	Lee Taylor	Southend-on-Sea AC	22	
28	SM	Chris Sellens	Colchester Harriers AC	25	<b>Veteran Team Result (4 to score)</b>
29	V45	Gary Coombes	Ilford AC	27	1 Havering AC 113
30	V40	Scott Sterling	Springfield Striders RC	32	2 Ilford AC 136
31	SM	Alex Finch	Thurrock Harriers	34	3 Chelmsford AC 212
32	V45	Toby Draper	Thurrock Harriers	46	4 Colchester Harriers AC 228
33	SM	Aaron Graves	Tiptree Road Runners	50	5 Springfield Striders RC 241
34	U20	Sunny Vehit	Thurrock Harriers	52	6 Orion Harriers 311
35	SM	James Hiscock	Benfleet Running Club	52	7 Southend-on-Sea AC 347
36	V40	Brian Jenkins	Orion Harriers	53	8 Billericay Striders RC 381
37	V40	Will Parrott	Chelmsford AC	33: 03	9 Pitsea Running Club 442
38	V40	Barry Smith	Havering AC	04	10 Phoenix Striders 451
39	U20	Louis Berrett	Havering AC	07	11 Mid Essex Casuals 497
40	V40	Paul Miles	Springfield Striders RC	08	12 Hockley Trail Runners 568
41	SM	David Doel	Billericay Striders RC	14	13 Boxted Runners 349 (3)
42	SM	Adam Hemsworth	Mid Essex Casuals	15	14 Basildon AC 489 (3)
43	U20	James Perkins	Braintree & District AC	18	15 Thurrock Harriers 146 (2)
44	SM	Dylan Schubert	Southend-on-Sea AC	22	16 Benfleet Running Club 174 (2)
45	V45	Jon Nears	Colchester Harriers AC	26	17 Loughton AC 188 (2)
46	V50	Colin Read	Orion Harriers	31	18 Halstead RR 273 (2)
47	V40	Rob Trevor	Havering AC	43	19 Tiptree Road Runners 315 (2)
48	V45	Steve Rand	Havering AC	43	20 JBR Run and Tri 321 (2)
49	U20	Dylan Harrod	Ilford AC	49	21 Witham Running Club 82 (1)
50	V55	Colin Ridley	Colchester Harriers AC	52	
51	V50	Peter Waite	Chelmsford AC	57	
52	V45	Roy Harwood	Benfleet Running Club	34: 00	
53	SM	Armand Vigors	Boxted Runners	07	
54	SM	Neil Jennings	Billericay Striders RC	08	
55	SM	Michael Feltham	Benfleet Running Club	30	
56	0	Alexander Rogers	Cambridge & Coleridge AC	33	
57	SM	Sebastian Parris	Ilford AC	33	
58	V45	Richard Greatbatch	Pitsea Running Club	34	
59	V45	Nick Hunter	Chelmsford AC	44	
60	U20	Luke Chester	Havering AC	46	
61	V45	Jon Whitehouse	Loughton AC	47	
62	V50	Kevin Higgins	Colchester Harriers AC	50	
63	V50	Anthony Moore	Billericay Striders RC	53	
64	V55	Alex Kyriakides	Southend-on-Sea AC	55	
65	V60	Peter Tullett	Chelmsford AC	35: 14	
66	V40	Ian Anthony	Havering AC	18	
67	SM	Dean Noble	Billericay Striders RC	20	

68	V50	Gary Atkins	Havering AC	21
69	SM	Scott Thrush	Guest	26
70	V45	Danny Holeyman	Ilford AC	28
71	V55	Paul Spowage	Colchester Harriers AC	39
72	V45	Martin Chester	Havering AC	41
73	SM	Matthew Phiollips	Billericay Striders RC	49
74	V45	Paul Rodgers	Colchester Harriers AC	53
75	V55	Paul Broome	Springfield Striders RC	56
76	V50	Chris Seymour	Mid Essex Casuals	58
77	V45	Simon Bowring	Chelmsford AC	36: 00
78	SM	Chris Youell	Chelmsford AC	05
79	SM	Martin Westley	Innovation Multisport (2nd claim)	08
80	V55	Peter West	Colchester Harriers AC	09
81	SM	Dan Goodson	Billericay Striders RC	12
82	V50	Leo Cole	Witham Running Club	23
83	V50	Matt Bland	Havering AC	26
84	SM	Tim Poston	Springfield Striders RC	29
85	V40	Geoff Keily	Billericay Striders RC	31
86	V60	Terry Knightley	Ilford AC	37
87	V45	Karl Graves	Boxted Runners	42
88	U20	Kake Hume	Basildon AC	49
89	V45	Graham Hogan	Havering AC	51
90	V50	Richard Wolverton	Ilford AC	53
91	SM	Ben Holgate	Braintree & District AC	54
92	V50	Steve Walker	Havering AC	55
93	SM	Stephen Miller	JBR Run and Tri	37: 00
94	V40	Jimmy Justice	Phoenix Striders	08
95	SM	Greg Tye	Braintree & District AC	13
96	V60	Paul Jeggo	Springfield Striders RC	28
97	SM	Ben Leeds	Mid Essex Casuals	33
98	SM	James Plant	Colchester Harriers AC	46
99	SM	Harry Grose	Guest	52
100	V40	Steve Crane	Ilford AC	58
101	V50	Kevin Gard	Mid Essex Casuals	38: 6
102	V55	Neil Crisp	Ilford AC	6
103	V60	Chris Purse	Springfield Striders RC	14
104	SM	Buddy Green	Orion Harriers	19
105	SM	Perry Cordery	Phoenix Striders	23
106	SM	Gavin Ripton	Halstead RR	28
107	V55	Neal Clark	Phoenix Striders	38
108	V65	Dave Butler	Billericay Striders RC	42
109	V65	Paul Morris	Hockley Trail Runners	51
110	V40	John Sable	Orion Harriers	59
111	V55	Matthew Aitken	Southend-on-Sea AC	39: 03
112	V55	Martin Orford	Pitsea Running Club	06
113	SM	Barry Weldon	Billericay Striders RC	20
114	V60	Christopher Applegate	Thurrock Harriers	25
115	U20	Haydn Hawkins	Braintree & District AC	35
116	U20	Archie Connors	Benfleet Running Club	40
117	V50	Roy James	Havering AC	48
118	V40	Jamie Enever-Dodd	Phoenix Striders	53
119	V40	James Collett	Orion Harriers	55
120	V55	Trevor Dobie	Hockley Trail Runners	57
121	V65	Robert Langley	Halstead RR	40: 02
122	V45	Ian Pike	Benfleet Running Club	04
123	V55	Julian Camull	Springfield Striders RC	04
124	SM	Paul Masey	Colchester Harriers AC	05
125	V60	Stephen Foggo	Billericay Striders RC	05
126	SM	David Byrne	JBR Run and Tri	28
127	V55	James Lamborn	Loughton AC	36
128	V50	Colin White	Billericay Striders RC	47
129	V45	Stephen Ames	Boxted Runners	52
130	SM	Darryl Williams	Colchester Harriers AC	56
131	SM	Adam Box	Boxted Runners	41: 25
132	V50	Lee Hazelwood	Phoenix Striders	30
133	V40	Graham Clark	Boxted Runners	37
134				37
135	V50	Pavi Aga	Pitsea Running Club	38
136	SM	Chris Diggins	Benfleet Running Club	39
137	V45	James Price	Pitsea Running Club	40
138	V55	Phil Warner	Phoenix Striders	43
139	V40	Tony Agg	Billericay Striders RC	43
140	V50	Colin Wilkinson	Phoenix Striders	45
141	V50	Andy Lunn	Orion Harriers	54

<b>142</b>	V50	Steve Healey	Pitsea Running Club	57
<b>143</b>	V40	Tony Collins	Havering AC	42: 01
<b>144</b>	V55	David Findlay	Basildon AC	03
<b>145</b>	V70	Peter Binns	Southend-on-Sea AC	09
<b>146</b>	V55	George Gager	Pitsea Running Club	34
<b>147</b>	V60	Tim Brockington	Springfield Striders RC	38
<b>148</b>	V50	David Beatty	Pitsea Running Club	43
<b>149</b>	V50	Andy Rayner	Colchester Harriers AC	43: 33
<b>150</b>	V55	James Brown	JBR Run and Tri	38
<b>151</b>	SM	Daniel Steptoe-Thompson	Boxted Runners	51
<b>152</b>	V60	Andy Carter	Halstead RR	44: 05
<b>153</b>	V55	Paul Omer	Pitsea Running Club	24
<b>154</b>	V60	Michael Bridgeland	Chelmsford AC	34
<b>155</b>	V55	David Davidson	Pitsea Running Club	35
<b>156</b>	V50	Mark Lawes	Tiptree Road Runners	40
<b>157</b>	V50	Justin Ruggles	Mid Essex Casuals	48
<b>158</b>	SM	John Roberts	JBR Run and Tri	45: 28
<b>159</b>	V65	Edward Skinner	Tiptree Road Runners	31
<b>160</b>	V55	Bruce Mail	Billericay Striders RC	46: 03
<b>161</b>	V65	Donald Sinclair	Pitsea Running Club	33
<b>162</b>	V55	Adrian Mathers	Hockley Trail Runners	47: 30
<b>163</b>	V55	Darren Radford	Mid Essex Casuals	48: 47
<b>164</b>	V55	Dave Girt	Southend-on-Sea AC	58
<b>165</b>	V55	Laurence Harrison	Billericay Striders RC	49: 15
<b>166</b>				37
<b>167</b>	V55	Laurence Levine	Phoenix Striders	56
<b>168</b>				59
<b>169</b>	V45	Steve Lovett	Phoenix Striders	50: 04
<b>170</b>	V40	Joe McGeath	Basildon AC	27
<b>171</b>	V50	Jon Brown	JBR Run and Tri	50
<b>172</b>				53
<b>173</b>	V70	Brian Butcher	Mid Essex Casuals	56
<b>174</b>				51: 48
<b>175</b>	V40	Jan Banard	Basildon AC	52: 02
<b>176</b>	V60	Derek Appleton	Phoenix Striders	21
<b>177</b>	V50	Richard Bennett	Hockley Trail Runners	53: 34
<b>178</b>	V65	Peter Eates	Phoenix Striders	54: 12
<b>179</b>	V65	Andy Body	Phoenix Striders	14
<b>180</b>	V70	Keith Walker	Billericay Striders RC	57: 11
<b>181</b>	SM	Anthony Oliver	JBR Run and Tri	49
<b>182</b>	SM	Ben Hall	Tiptree Road Runners	58: 58
<b>183</b>	V75	Ernie Easterby	Billericay Striders RC	79: 00