

# Orion Harriers Forest Five Series 2022

## Race 1 June 4th

Pos	Number	First	Last	Club	Age Cat	Time
1	308	Dominic	Baxter	VPH&TH AC	SM	00:28:32
2	360	Daniel	Moses	Orion Harriers	SM	00:29:50
3	380	Patrick	Thomas	VPH&TH AC	SM	00:30:47
4	386	Ben	Wickham	VPH&TH AC	M40	00:31:03
5	14	Henry	Giddens	Orion Harriers	SM	00:31:10
6	385	Martin	Westley	Harlow Running & Tri Club	SM	00:31:30
7	368	Scott	Reid	Orion Harriers	M50	00:31:56
8	116	Adrian	Smith	Orion Harriers	M40	00:32:10
9	320	Martyn	Coulter	Harlow Running & Tri Club	SM	00:32:20
10	356	Edward	Lunn	Orion Harriers	SM	00:32:58
11	317	Neil	Cook	VPH&TH AC	M40	00:33:17
12	392	Ben	Rowlands	Orion Harriers	M40	00:33:28
13	391	Buddy	Green	Orion Harriers	SM	00:33:42
14	378	Robert	Sommerville	Eton Manor AC	M50	00:33:51
15	390	Tim	Wright	Orion Harriers	M50	00:34:00
16	381	Stephen	Thompson	Orion Harriers	M40	00:34:28
17	340	Jennifer	Heymann	Eton Manor AC	W40	00:34:34
18	342	Andrew	Holloway	Orion Harriers	M50	00:34:53
19	335	Paul	Goodhew	Orion Harriers	M50	00:34:57
20	345	Claire	Huggins	Orion Harriers	SW	00:35:05
21	373	Robert	Scott	Barnet & District AC	M50	00:35:15
22	371	John	Sable	Orion Harriers	M40	00:35:30
23	348	Gwilym	Johnston	Orion Harriers	M40	00:35:34
24	358	David	Mills	Loughton AC	M50	00:35:44
25	332	Claire	Fisher	VPH&TH AC	SW	00:35:55
26	315	Michael	Cates	Eton Manor AC	M50	00:36:00
27	307	Andrew	Baxter	East London Runners	M50	00:36:08
28	324	Neil	Douglas	Unaffiliated	M40	00:36:29
29	269	Paul	Thornton	Orion Harriers	M40	00:36:37
30	311	Calvin	Bobin	East London Runners	M60	00:36:45
31	355	Andy	Lunn	Orion Harriers	M50	00:37:17
32	314	Daniel	Carroll	Orion Harriers	M40	00:37:37
33	10	Simon	Dent	Orion Harriers	M50	00:37:54
34	370	Fiona	Russell	Mornington Chasers	W50	00:38:00
35	330	Victoria	Fabbri	VPH&TH AC	W40	00:38:15
36	28	Bethan	Hudson	Unaffiliated	SW	00:39:00
37	301	Mary	Armitage	Orion Harriers	W50	00:39:23
38	364	Jane	Pannell	Eton Manor AC	W50	00:40:20
39	336	Glenn	Gosling	Orion Harriers	M40	00:40:21
40	98	Sharon	Palmer	Loughton AC	W40	00:40:22
41	331	Laura	Fernandez	Loughton AC	W50	00:40:59
42	305	Gary	Bartlett	Orion Harriers	M60	00:41:05
43	309	Joyce	Berry	VPH&TH AC	W50	00:41:08
44	327	Joanna	Elferink	Orion Harriers	SW	00:41:14
45	337	Lorraine	Gosling	Orion Harriers	W40	00:41:18
46	77	Corrie	Monaghan	Eton Manor AC	SW	00:41:30
47	319	Louise	Cootes	Harlow RC	W40	00:42:05
48	1	Christine	Inch	Orion Harriers	W60	00:42:35
49	389	Sharon	Wood	Orion Harriers	W50	00:42:52
50	328	Gabriel	Ellenberg	Eton Manor AC	M60	00:43:03
51	361	Geoffrey	Nicholls	Eton Manor AC	M60	00:43:30

52	304	June	Barrow-Green	VPH&TH AC	W60	00:43:34
53	347	Rahana	Islam	Dagenham 88 Runners	W40	00:43:41
54	343	Gary	Homewood	Mornington Chasers	M50	00:43:46
55	321	Declan	Cullen	Ilford AC	M60	00:43:51
56	323	Andrew	Disley	Mornington Chasers	M60	00:43:55
57	352	Rafaele	Lamour	Mornington Chasers	W50	00:44:03
58	313	Eamon	Byrne	Mornington Chasers	M50	00:44:09
59	365	Helen	Pearce	Orion Harriers	W50	00:44:19
60	357	Anna	McEwen	Unaffiliated	W40	00:44:39
61	387	Frances	Wilson	Orion Harriers	W50	00:44:43
62	374	Michelle	Sheridan	Harlow Running & Tri Club	SW	00:44:54
63	369	Elizabeth	Roberts	Harlow Running & Tri Club	SW	00:46:20
64	366	Deborah	Pomphret	Harlow Running & Tri Club	W50	00:46:24
65	359	Dhurmendra	Mistry	Orion Harriers	M50	00:46:41
66	88	Sarah	Odell	Orion Harriers	SW	00:47:40
67	382	Lisa	Thorn	Orion Harriers	W50	00:47:50
68	375	Mala	Singh	Eton Manor AC	W40	00:48:00
69	372	Bernard	Savage	Havering '90 Joggers	M60	00:48:25
70	316	Louise	Chappell	Barking Road Runners	W40	00:48:28
71	334	Fulva	Giust Prole	Orion Harriers	W50	00:50:15
72	344	Phil	Hudson	Ware Joggers	M60	00:51:02
73	325	Alice	Easey	Unaffiliated	SW	00:51:55
74	115	Mona	Patel	Orion Harriers	W40	00:54:06
75	388	Daniela	Witten	Orion Harriers	W50	00:54:37