

**RESULT OF THE WARE CUP 5-MILE CROSS COUNTRY RACE  
10th DECEMBER 2011 - LOUGHTON**

1.	Ben Hall (Orion)	28:30
2.	Tom Heslop (VPH/TH)	28:49
3.	Ben Wickham (VPH/TH)	29:03
4.	Brian Jenkins (Orion)	29:23
5.	Neil Cook (VPH/TH)	29:30
6.	Gary Bagnall (VPH/TH) (V40)	29:40
7.	Tom McNeill (VPH/TH)	30:06
8.	Eric Paul (Orion) (V50)	30:08
9.	Tony Lashmar (VPH/TH)	30:11
10.	Colin Jacobs (VPH/TH) (V40)	30:59
11.	Simeon Bennett (VPH/TH)	31:02
12.	Alex Gounelas (Eton Manor)	31:03 W1
13.	Neil Swift (Orion) (V45)	31:11
14.	Duncan Steen (VPH/TH)	31:28
15.	Rodney - (VPH/TH)	31:33
16.	Danny Rose (Orion) (V40)	32:04
17.	Steve Watkins (Eton Manor) (V45)	32:20
18.	Kate Malcolm (Eton Manor) (V35)	32:36 W2
19.	Ian Lambert (Eton Manor) (V50)	33:01
20.	Bix Hall (Orion)	33:42
21.	Dave Daugirda (Eton Manor) (V45)	33:47
22.	Paul Stockings (Orion) (V50)	33:53
23.	Adrian Frost (Eton Manor) (V50)	33:57
24.	Terry Beackon (VPH/TH) (V40)	34:41
25.	Paul Brandon (Eton Manor) (V40)	34:47
26.	Steve Adams (Eton Manor) (V45)	35:17
27.	Taryne McPherson (Eton M) (V35)	35:22 W3
28.	Bill Bennett (Orion) (V50)	35:41
29.	Dave Tyson (Loughton)	35:47
30.	Stan Greenhalgh (VPH/TH) (V40)	35:53
31.	Graham Hall (Orion) (V50)	36:02
32.	Helen Real (Loughton)	36:10 W4
33.	Rob Sargent (Loughton)	36:30
34.	Roger Berry (Orion) (V60)	36:37
35.	Glen Gosling (Orion)	36:43
36.	Lorna Gaffney (Loughton) (V40)	36:54 W5
37.	Sharon Boustor (Eton Manor)	37:00 W6
38.	Joanne Plumb (Loughton) (V40)	37:07 W7
39.	Jim Whiffin (Loughton) (V55)	37:10
40.	Dave Shortridge (VPH/TH) (V40)	37:13
41.	Joe Feltham (VPH/TH)	37:18
42.	Ella Smith (Orion)	37:31 W8
43.	Dave Wilkie (VPH/TH) (V40)	37:51
44.	Clive Mills (Orion)	38:18
45.	Claire Wagh (Eton Manor)	38:21 W9
46.	Alison Taylor (Orion)	38:28 W10
47.	Laura Morgan (VPH/TH)	38:28 W11
48.	Alan Godbold (Orion) (V40)	38:30
49.	G Bartlett (Orion)	38:35
50.	Gay Shillaker (Loughton) (V50)	38:41 W12
51.	Steve Dunn (Eton Manor)	38:48
52.	Zoe Woodward (Eton Manor) (V45)	39:00 W13
53.	John Few (Eton Manor) (V65)	39:03

54. Jeff Fowler (VPH/TH) (V50)	39:13
55. Patrick Robinson (Eton Manor) (V50)	39:21
56. Mary Armitage (Orion) (V45)	39:30 W14
57. Louise Vacher (Eton Manor) (V45)	39:48 W15
58. George Georgiou (Loughton) (V50)	40:00
59. June Barrow-Green (VPH/TH) (V55)	40:13 W16
60. David Hobbs (Loughton) (V60)	40:18
61. A Gasbutowicz (VPH/TH) (V50)	40:56
62. Claire Fisher (Eton Manor)	41:45 W17
63. Terence Curran (VPH/TH) (V50)	42:21
64. Allison Goddard (Eton Manor) (V45)	42:25 W18
65. Francine Bennett (VPH/TH)	42:35 W19
66. Jean Hobbs (Loughton) (V60)	43:18 W20
67. Patricia Carden (VPH/TH) (V45)	43:41 W21
68. Anne De Asha (Orion) (V45)	43:48 W22
69. Ebolum Mordi (VPH/TH)	44:15
70. Jane McCallister (Eton Manor) (V50)	44:19 W23
71. Tom Everitt (Eton Manor) (V75)	44:23
72. Christina Adams (Eton Manor) (V50)	45:05 W24
73. Charlie Crump (Orion) (V75)	46:00
74. Irene Petersen (Loughton) (W45)	46:53 W25
75. Jackie Frewin (Guest - Dag 88)	47:04
76. Pete Deadman (Orion) (V60)	48:32
77. Martin Hockey (Eton Manor) (V40)	49:00 Missed start by about 11 minutes
78. Gwen Harwood (Loughton) (V50)	49:17 W26
79. Heather Espente (Orion) (V45)	51:15 W27
80. Robert Maggio (Eton Manor) (V65)	51:46
81. Teresa Persighetti (Eton Manor) (V55)	51:47 W28
82. Allison Wells (Eton Manor) (V35)	52:11 W29
83. Susan Leeke (VPH/TH) (V35)	54:36 W30
84. Caroline Wadley (Orion) (V45)	58:24 W31

### Teams (Scoring six a side)

#### MEN

1. Victoria Park Harriers/Tower Hamlets (2,3,5,6,7,9)	32 points
2. Orion Harriers (1,4,8,13,16,20)	62 points
3. Eton Manor (17,19,21,23,25,26)	131 points
4. Loughton (29,33,39,58,60,85)	304 points

#### WOMEN

1. Eton Manor (1,2,3,6,9,13)	34 points
2. Loughton (4,5,7,12,20,25)	73 points
3. Orion Harriers (8,10,14,22,27,31)	112 points
4. Victoria Park Harriers/Tower H (11,16,19,21,30)	129 points