

## Essex Cross Country Championships

### Chigwell Row

03/12/2011

### Veteran Women

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	280	Debbie Appleton	V35 Havering M	34: 19	61	353	Kirsty Williams	V35 Springfield S	42
2	263	Kate Malcom	V35 Eton Manor N/S	37: 13	62	388	Simone Panayi	V35 Woodford G & EL	51
3	181	Annette Oakman	V35 Colchester H	27	63	288	Sally Gillam	V45 Ilford	53
4	386	Evie Serventi	V35 Woodford G & EL	36	64	264	Rachel Brittle	V45 Eton Manor	50: 00
5	390	Bernadine Pritchett	V40 Woodford G & EL	37	65	199	Mary O'Brien	V55 East London	25
6	367	Tracy Swindell	V45 Thurrock H	46	66	261	Sasha Ackland	V35 Eton Manor	29
7	185	Denise Morley	V40 Colchester H	38: 00	67	340	Anne De Asha	V50 Orion H	51
8	176	Sally Mhlanga	V35 Chelmsford	46	68	189	Liz Cudmore	V60 Colchester H	54
9	183	Lyn Higgs	V50 Colchester H	57	69	296	Jean Hobbs	V60 Loughton	51: 02
10	362	Natasha Lagden	V35 Southend	39: 20	70	378	Debbie Lewis	V50 Witham	03
11	86	Jacqui Watson	V40 Benfleet	28	71	358	Jacki Mudd	V45 Springfield S	30
12	346	Sarah Colbert	V40 Springfield S	50	72	271	Linda Selby	V60 Harlow	52: 16
13	81	Vanessa Dodds	V40 Benfleet	40: 08	73	287	Pamela Jones	V75 Ilford	52
14	89	Emma Prideaux	V35 Billericay	21	74	192	Zena Sheen	V45 East Essex Tri.	53: 33
15	370	Toni Noble	V40 Thurrock H	41: 24	75	262	Christina Watson	V50 Eton Manor	54: 34
16	332	Christine Inch	V50 Orion H	38	76	92	Jayne Hayward	V45 Castle Point	52
17	282	Joanne Sullivan	V35 Havering M	53	77	95	Kate Cammidge	V45 Castle Point	55: 15
18	292	Lorna Gaffney	V40 Loughton	58	78	200	Susannah McLaren	V45 East London	56: 31
19	392	Lucy Sinclair	V35 Woodford G & EL	42: 20	79	260	Rachel Coombes	V35 East London	32
20	278	Claudine Tisbury	V50 Harwich	37	80	291	Michaela Davis	V45 Loughton	58: 01
21	352	Victoria Curren	V35 Springfield S	53	81	342	Suzan Capper	V60 Orion H	60: 36
22	348	Nikki Pyle	V45 Springfield S	54	82	341	Janet Bunce	V55 Orion H	61: 02
23	347	Lynn Tanner	V55 Springfield S	56	83	267	Zoe Woodward	V45 Eton Manor	59
24	373	Victoria Peacock	V35 Thurrock H	43: 04	84	266	Teresa Persighetti	V55 Eton Manor	62: 23
25	376	Brigid Wallen	V45 Witham	08	85				
26	274	Dionne Jones	V40 Harlow	13	86				
27	286	Dianne Crisp	V45 Ilford	16	87				
28	391	Jenny Thomas	V40 Woodford G & EL	27	88				
29	361	Juli Perrin	V35 Southend	45	89				
30	360	Melanie Ling	V45 Southend	58	90				
31	389	Andrea Possee	V35 Woodford G & EL	44: 01	91				
32	351	Catherine Hull	V35 Springfield S	04	92				
33	298	Gay Shillaker	V50 Loughton	06	93				
34	393	Alex Wardle	V40 Woodford G & EL	08	94				
35	269	Wendy Carter	V45 Halstead RR	29	95				
36	364	Mel Panting	V55 Southend	39	96				
37	295	Ann Heeks	V50 Loughton	47	97				
38	335	Hayley Barron	V40 Orion H	50	98				
39	377	Liz Stuckey	V35 Witham	55	99				
40	84	Debbie Slack	V40 Benfleet	58	100				
41	90	Wendy Read	V55 Billericay	45: 04					
42	333	Mary Armitage	V45 Orion H	06					
43	94	Lisa Rieffel	V40 Castle Point	16					
44	379	Claire Gordon	V35 Witham	32					
45	289	Nicola Hopkinson	V45 Ilford	36					
46	91	Linda Griffin	V35 Billericay	44					
47	285	Sue Dale	V55 Havering 90	48					
48	343	Aleta Wetherall	V40 Orion H	50					
49	359	Helen Bateman	V35 Springfield S	46: 14					
50	93	Jo Fitsall	V45 Castle Point	15					
51	268	Louise Vacher	V45 Eton Manor	19					
52	188	Anita Mussett	V35 Colchester H	43					
53	194	Jacelyn Evers	V40 East Essex Tri.	56					
54	290	Eileen Sheridan	V50 Ilford	47: 04					
55	187	Toni Wilson	V40 Colchester H	48: 21					
56	337	Karen Allworthy	V50 Orion H	27					
57	265	Allison Goodlad	V40 Eton Manor	39					
58	174	Margaret Jarvis	V55 Chelmsford	50					
59	383	Shelley Ender	V40 Witham	49: 18					
60	97	Tracy Minton	V50 Chelmsford	38					

### Team Result

1	Woodford G & EL	56
2	Colchester H	71
3	Springfield S	78
4	Southend	105
5	Orion H	144
6	Loughton	157
7	Witham	167
8	Ilford	189
9	Springfield S 'B'	213
10	Eton Manor	238
11	Castle Point	246
12	Orion H 'B'	286