

Men's Teams

- 1 Cambridge & C
- 2 Bedford
- 3 Harlow
- 4 Loughton

score

- Y 111
- B 105
- F 93
- K 42

					K	F	B	Y	Waste
100A	100m A								
b	1 Josh Cox	Bedford	11.6	4			4		
y	2 Ben Hamblin	Cambridge & C	11.7	3				3	
f	3 G Paxman	Harlow	11.8	2		2			
k	4 John McCabe	Loughton	12.1	1	1				
	5			0					0
100B	100m B								
yy	1 Chris Brindle	Cambridge & C	12.1	4				4	
ff	2 J Reed	Harlow	12.5	3		3			
bb	3 Andrew Monaghan	Bedford	13.0	2			2		
kk	4 Peter de Souza	Loughton	13.2	1	1				
ns	amir Zico	Beford	13.1	0					0
200A	200m A								
b	1 Josh Cox	Bedford	24.2	4			4		
y	2 Ben Hamblin	Cambridge & C	24.4	3				3	
f	3 J Reed	Harlow	24.7	2		2			
k	4 John McCabe	Loughton	25.3	1	1				
	5			0					0
200B	200m B								
yy	1 Chris Brindle	Cambridge & C	25.2	4				4	
bb	2 Lance Croft	Bedford	26.6	3			3		
ff	3 S Down	Harlow	28.1	2		2			
kk	4 Cliff Warren	Loughton	28.1	1	1				
	5			0					0
400A	400m A								
y	1 Dylan Doggett	Cambridge & C	53.2	4				4	
f	2 C Paxman	Harlow	54.6	3		3			
b	3 Lance Croft	Bedford	55.5	2			2		
k	4 Paul Regan	Loughton	56.1	1	1				
45 ns	Michael Osumsami	NEB	59.7	0					0
400B	400m B								
yy	1 Andrew Starns	Cambridge & C	53.3	4				4	
bb	2 Luke Angel	Bedford	56.0	3			3		
ff	3 S Down	Harlow	58.3	2		2			
kk	4 Reuel Richards	Loughton	59.4	1	1				
	5			0					0
800A	800m A								
f	1 M Harris	Harlow	2:02.2	4		4			
y	2 Louis Rawlings	Cambridge & C	2:02.5	3				3	
b	3 Luke Angel	Bedford	2:14.0	2			2		
k	4 Sam Clark	Loughton	2:43.8	1	1				
	5			0					0
800B	800m B								
bb	1 Jack Benedickter	Bedford	2:15.2	4			4		
yy	2 Kevin White	Cambridge & C	2:16.7	3				3	
kk	3 Paul Regan	Loughton	2:22.3	2	2				
ff	4 C Paxman	Harlow	2:29.3	1		1			
34 ns	Craig Emerson	Bedford	2:22.2	0					0
1500A	1500m A								
f	1 M Harris	Harlow	4:18.0	4		4			
y	2 Will Mycroft	Cambridge & C	4:21.3	3				3	
b	3 Sam Bennett	Bedford	4:45.1	2			2		
k	4 Paul Regan	Loughton	5:43.8	1	1				
46 ns	Kelvin Goodwin	NEB	4:13.5	0					0
1500B	1500m B								
yy	1 Kevin White	Cambridge & C	4:50.6	4				4	
bb	2 Tom Roberts	Bedford	5:22.5	3			3		

PVB	Pole Vault B								
bb	1	James Danobregga	Bedford	3.50	4				4
y	2	Noel Moss	Cambridge & C	2.00	3				3
ff	3	C Paxman	Harlow	1.00	2			2	
kk	4	Scott Hurley	Loughton	1.00	1			1	
	5				0				0
LJA	Long Jump A								
y	1	Sam Richards	Cambridge & C	6.73	4				4
f	2	G Paxman	Harlow	6.36	3			3	
b	3	Ciaron Craig	Bedford	5.86	2			2	
k	4	Mitch Belham	Loughton	5.40	1			1	
	5				0				0
LJB	Long Jump B								
bb	1	James Danobregga	Bedford	5.58	4				4
ff	2	C Paxman	Harlow	5.43	3			3	
yy	3	Alec Taylor	Cambridge & C	5.25	2			2	
kk	4	Cliff Warren	Loughton	3.79	1			1	
	5				0				0
HJA	High Jump A								
y	1	Sam Richards	Cambridge & C	1.80	4				4
k	2	Mitch Belham	Loughton	1.70	3			3	
bb	3	James Danobregga	Bedford	1.60	2			2	
f	4	G Paxman	Harlow	1.60	1			1	
	5				0				0
HJB	High Jump B								
b	1	Simon Eastwood	Bedford	1.55	4				4
yy	2	Tom Brennand	Cambridge & C	1.50	3				3
ff	3	C Paxman	Harlow	1.40	2			2	
kk	4	Cliff Warren	Loughton	1.00	1			1	
	5				0				0
TJA	Triple Jump A								
y	1	Sam Richards	Cambridge & C	12.05	4				4
f	2	C Paxman	Harlow	10.83	3			3	
b	3	Pete Carpenter	Bedford	10.19	2			2	
k	4	Cliff Warren	Loughton	9.76	1			1	
	5				0				0
TJB	Triple Jump B								
yy	1	Tom Brennand	Cambridge & C	10.79	4				4
bb	2	Jack Benedickter	Bedford	10.07	3			3	
ff	3	S Down	Harlow	9.54	2			2	
kk	4	Mitch Belham	Loughton	9.42	1			1	
	5				0				0
DTA	Discus A								
f	1	D Bauer	Harlow	40.38	4				4
y	2	Gary Parsons	Cambridge & C	35.52	3				3
bb	3	Ciaron Craig	Bedford	34.90	2			2	
kk	4	Scott Hurley	Loughton	14.91	1			1	
	5				0				0
DTB	Discus B								
yy	1	Martin Lawrence	Cambridge & C	31.43	4				4
b	2	Darren Kerr	Bedford	29.41	3			3	
ff	3	C Clark	Harlow	23.31	2			2	
	4				1				
	5				0				1
SPA	Shot Putt A								
y	1	Martin Lawrence	Cambridge & C	11.43	4				4
f	2	D Bauer	Harlow	10.38	3			3	
b	3	Ciaron Craig	Bedford	10.29	2			2	
k	4	Scott Hurley	Loughton	7.40	1			1	
	5				0				0
SPB	Shot Putt B								
yy	1	Gary Parsons	Cambridge & C	10.83	4				4
ff	2	G Paxman	Harlow	9.80	3			3	
bb	3	Darren Kerr	Bedford	9.68	2			2	
kk	4	Terry Casey	Loughton	4.11	1			1	

